

Criteria #8

THE COMMUNITY SUPPORTS POSITIVE YOUTH DEVELOPMENT



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YOUTH SUBMISSION:

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The phase through which a youth goes through to transit into adulthood, in more ways than a few, moulds the future of the youth. Youth interact with the community, and vice versa, that leads to positive youth development. The community therefore caters to the needs of its youth the best way it can, employing all its resources, after all, the youth are the future.

YMCA and Peel Youth Village

YMCA supports positive youth development as it is evident by the various activities organized for the youth. For example, leadership programs are provided for youth between the ages of 11 and 17. There are two different subprograms within this leadership program, Leaders-in-Training and Leaders. Leaders-in-Training is for youth between the ages of 11 and 14. It provides a core program of training that includes both practical and theoretical training, and in addition to that it also provides a leadership experience. The Leaders program is for youth between the ages of 15 and 17. This program teaches them self-confidence, respect for everyone, teamwork, and leadership skills.

YMCA also has a Sport leadership certification program that is for youth between the ages of 13 and 15, it is offered during weekdays. It is a 12-week session. This program provides training for youth interested in volunteering in instructional baseball, basketball and/or soccer programs. It develops their leadership and communication skills. It also develops other skills such as patience as they are required to deal with people of all ages while coaching them on the sports activities..

YMCA is a charitable organization that is run with the support of volunteers, program fees as well as donations. The mission of YMCA is to offer opportunities for personal growth, community involvement and leadership. The vision of YMCA is to make communities home to the healthiest children, teen, and young adults, (Appendix B provides all the details about YMCA Membership fees). It should be noted that these fees are for people, who are not part of the low income families. Those who are unable to pay the full membership are eligible to apply for YMCA membership assistance. There is a different fee for those who are part of a low income group and thus are

unable to afford regular membership fees. This fee is calculated based on a case-by-case basis and varies based on one's level of low income. In certain circumstances, the fee is waived if the family income of a member is extremely low as it is covered by the YMCA Strong Kids Campaign. This is crucial as 1 in 4 kids in Greater Toronto Area live in a low income household. This illustrates how everyone is treated equally, despite one's poor economic status. There is no particular target youth for YMCA, it welcomes everyone regardless of their age, gender, ethnicity, ability, or economic standing. The whole objective is to build strong kids, strong families and strong communities. However, youth are generally charged very little fees and there are many programs available for teenagers. YMCA plays a crucial role in overall development and wellbeing of youths. During the interview conducted, it was revealed that 1 in 5 low-income residents get access to the YMCA services. The YMCA of Greater Toronto Area currently has approximately 450,000 members, 5,500 volunteers and with about 20,000 annual donors.

It is also crucial to mention that about 24 % of Toronto youth are dropping out of school and YMCA education and literacy programs help the youth achieve their full potential. About 73% of all donations are used to fund YMCA programs, while the remaining 27% are used for fundraising. YMCA is also planning ahead and in its strategic plan for 2010-2020, it highlights the importance of investing in both the mental and physical health of children, teens and young adults. In addition to that, it also sheds light on the importance of bringing out the true potential of an individual, in order to build strong communities. Social inclusion is another key principal, which is highlighted in the strategic plan and it will be crucial, as Canada will see a large number of immigrants in the future, coming from different cultural and religious backgrounds. YMCA is reaching out to youth via Mississauga YMCA youth newsletter as well as word of mouth.

YMCA Peel youth village supports positive youth development as this residential democratic living program's objective is to assist residents to acquire new skills and gain the life skills required to live independently in the community. It also focuses on employment, education, and training. Youth have to be referred to the program from a recognized social service, education, or health care organization. The target age for this group is between ages 16 and 30. The program is for up to 364 days and is divided into 3 phases 1) 30 days orientation, 2) 6 month occupancy agreement and 3) 5 month occupancy agreement. It also provides a program called Homework Club, which is for all school age children and is completely free. There are many sports such as dodge ball, Volleyball, floor hockey and soccer for everyone who is part of the program; this improves their self-confidence and team work.

Living Arts Centre

The living arts centre is a not-for-profit organization dedicated to support the presence and development of the performing and visual arts in Mississauga. There are many

programs available for youth such as, musical theatre, black and white photography and wood sculpting. Youth are also allowed to throw their birthday parties at Living arts centre and also make an educational event. There are March break camps for youth as well, which encourages positive youth interaction, develops their social skills and it gives them an opportunity to participate meaningfully. There is also a school workshop and performance season, where workshops have been planned and school performances selected to help teachers meet Ontario Curriculum objectives. It provides a great learning platform for youth outside the classroom and it allows them to express themselves creatively.

Art Gallery of Mississauga

Art Gallery of Mississauga is also a non-profit organization, whose mission is to promote awareness and appreciation of the visual arts through the operation, development and growth involving youth. The Art Gallery of Mississauga is divided into four gallery spaces (appendix B). The Gallery and its facilities are handicap accessible. The program is sponsored by the city of Mississauga, BDO, RBC Royal bank, TD commercial banking, DU Pont, The miracles of Science, Keyser Mason Ball barristers & solicitors and Pallett Valo LLP. Brush up is a newsletter produced by the Art Gallery of Mississauga. It is published about 3 times a year. Brush Up can be found at the Gallery, participating Community Centres and libraries in Mississauga. Art Gallery of Mississauga supports positive youth development as it serves as an educational institution. Many teachers decide to take their students to visit Art Gallery of Mississauga as part of their school trip because it will provide an excellent opportunity for their students to learn about history. Art Gallery of Mississauga serves as an educational institution for everyone, and people from all religious, cultural and ethnic backgrounds are welcome to visit.

The Host Youth Program

The host youth program supports positive youth development as they help a newcomer youth integrate into the Canadian culture and overcome any barriers which might prevent them from reaching their full potential. This program boosts self-confidence because the newcomers get a sense of belonging and it allows them to express themselves freely. Newcomer youth is paired up with the volunteers, who are also youth, in a fun and interactive environment which offers recreational activities and occasional outing. The Program coordinators, volunteers and newcomer youth meet once a week to spend quality time with each other, in order to promote social interaction. This program is for youth only and they aren't required to pay any fees. The host youth program is part of the Newcomer Centre of Peel, which is a non-profit organization.

Citizens for the Advancement of Community Development (CACD)

CACD runs a program focused on parenting to teach parents how to communicate and help youth through the transition of life. It focuses on integrating new comers. Mr. Cunningham realized that one of the problems that youth and their families face these days is the economic situation that we live in. On that point, CACD emphasizes on teaching financial management as it emphasizes on time management. Mr. Cunningham talks about how youth these days do not know how to spend their earning. He quotes "All these youth gang members were in kindergarten and well behaved and just took the wrong path and need help to find the right path.'" CACDs' mission is to help these young youth to develop without falling into the wrong path as well as to help those at risk to get out of the wrong path they tread on. CACD offers programs such as arts, photography, music, dance, physical fitness and videos, which are usually taught by professionals who work at a low wage (Ref 8-24).

My Games

My Games, is motivated to teach youth discipline by respecting and heeding the advice of their mentors, boost their self-esteem by being able to play games in front of a crowd as well as other teammates their age, and are provided with the opportunity of being a part of a team. These aspects help build their personalities for the future in a positive manner. They are developing with fun and games. These youth are able to spend time on the field, court, etc. Instead of being part of unstructured play such as playing video games, loitering, and watching televisions. Youth need the feeling of connection and communication and My Games is here to provide their needs through arts and sports.

Big Brother Big Sister

Big Brother Big Sister (BBBS) provides many mentoring programs for youth to help them develop and build skills for the future. An organization funded by United Way provides programs such as One-to-One Friendship, Group Mentoring, Big Bunch, In-school Mentoring, Teen Mentoring, Go Girls! , Game On , Conversation Club.

To further demonstrate on the diversity of the programs run by BBBS, Programs such as One-to-One Friendship among others help youth keep them off the street and re-frame in indulging in hazards activity.

One-to-One Friendship is a mentoring program that involves youth up till the age of 17 pair up with caring adults of age 18 and up. This program allows the youth to interact with the adult as a mentor and learn skills that would help them in daily life which in turns leads to positive development. These youth being mentored are then offered the opportunity to mentor other youth in turn.

Work Readiness for Youth

This is a project of the Coalition For Persons With Disabilities. This is a unique program that engages youth to enhance their employability skills. Youths aged 13-19 are first given an orientation workshop about work ethics and daily skills that employers look for. During this period, youths are also eligible to receive allowance. Youth are then placed under various employers who pay the youth minimum wage for the hours worked. The program in turn reimburses the employer. Youth with barriers to employment, not in school and unemployed are eligible to apply.

The program reaches out to youth via social networking sites and word of mouth. Dorothy Scott, the job developer and employment specialist, mentioned that the program is about a year old and is already up to the brim with enthusiastic youth. Other associations such as the Canadian Mental Health Association and the YMCA also refer youth to the program.

Art Council

One of the events that is carried by the arts council is the open mic night. Youth get the opportunity to experience performing on stage and gaining confidence. They can present spoken words, poetry or even miming. They also carry the Mississauga youth art days. Youth bring their talents to the table that of which includes, break dancing, art, music, etc. This takes place once a year and focuses on the age group 7-19. All of these programs are free of cost, but to be a part of the arts council it requires a small fee of \$10.

Nexus Youth Center

This began at the Square One shopping center and then was relocated to the Central library of Mississauga, in the vicinity of the mall because of conflict of interest. If youth have been banned from the mall they cannot come into the centre to get help.

The Nexus center, previously known as the Square One Youth Center, is focused on helping the youth of Mississauga. The age group is usually 14-24. It is a drop in center. Students do not have to register to walk in. It has been developed as a second home for the youth. Youth are assisted with writing a proper resume to find a job. Youth that cannot afford food are directed to food banks and shelters. They are assisted by employees and volunteers to these places. They are also guided and get help in finding housing at an affordable price because a lot of youth are looking forward to moving out of their homes.

Although this is a drop in center, youth have to sign up for a one-on-one counselor meeting if they require a professional, rather just someone to listen to them. These students apply through peel, still free of cost.

The way it is publicized is by putting boards at schools, speaking to the students, and through networking as well. The center has present computers, pool tables, board

games, etc. for youth to just walk in and have a place to go and feel they belong and feel comfortable. Nexus is a place for youth to loiter, but in a structured and non-disturbing manner. There is a schedule of certain program that is carried daily throughout the week.

Tuesdays, 6-8 p.m. is the day that youth are given the chance to show their artistic talent and express themselves through art. A preferable approach is that the youth is encouraged to engage in an exercise that requires expression of oneself through writing a journal. To quote a representative: "it is a great way to express yourself and then to be able to look back and see the progress they have made." Youth are encouraged to express themselves in any other way they desire, for example poetry, music, etc. On Wednesdays, from 6.00-8:30 p.m., a knowledgeable Film is screened to educate the youth. Youth are shown influential movies that can teach them something great about life and themselves and realize their potential. They then discuss the movie and look at the advantages and disadvantages of the movie, including misleading information presented by the movie.

On Thursdays, 5:00-7:00 p.m. is inhale/ exhale time. They get a personal trainer to teach them physical education and the proper and healthy diet.

Fridays is TGI Fridays, this is a free day. From 4.00-6.00 p.m., youth play chess, dominoes, and games to have some friendly competition.

Saturday offers leadership training. Youth are given the chance to learn how to lead, to be confident, how to find a job, etc. This is more of a one-on-one with a youth worker. 1-3 p.m.

This program is funded by United Way, targets all cultures, all youths.

A turkey dinner was held on thanksgiving; they were encouraged to bring canned goods to give to the food bank. He quoted that they don't do anything specifically for certain groups because they don't want to alienate anyone and make them feel they are a minority.

ADDITIONAL SUPPORTING EVIDENCE:

City of Mississauga

- Crisis Prevention Institute is an in house training program for City Staff in all departments that are looking to develop their skills when working with youth, and allows staff to better serve and work with youth in a more positive and respectful manner in our work place. All full time staff in community services are trained in this program, including facility management and operational staff.
- Anti Bullying Initiative- training module developed for part time staff by Recreation Staff in conjunction with the department Youth Worker that focuses on prevention.

- Provincial and National Organizations- budgets are allocated to ensure that staff are able to attend professional development opportunities (PRO, CPRA, MBA, Positively Youth)
- Specific programs are created by the City of Mississauga that support positive youth development, these include cooking classes (198 youth participated in 2011), babysitting courses (33 youth participated in 2011), homework clubs (52 participated in registered homework programs), public speaking classes (55 registered participants in 2011), University Prep Classes etc. (Ref 8-1)
- The City of Mississauga encourages and hires youth as volunteers in a variety of their programs. A Leader's In Training Program is also held within the city in order to prepare youth for working in the camp and recreational programs (Ref 8-18).
- *Program-* A youth basketball and life skills development program that targets young men and women that do not have the necessary resources or knowledge to advance in the sport of basketball. This program had 12 participants attend, 2 times a week between July 19-Aug 11, 2011 at Malton Community Centre in Mississauga (Ref 8-19).

Parks and Recreation Ontario

- Positive Youth Development From Paper to Practice- A full day event by Parks and Recreation Ontario, hosted in partnership with the City of Mississauga to promote positive youth development (31 participants) (Ref 8-20).
- Adolescent Brain Development Workshop- Hosted October 2008, this workshop had 26 participants that provide programs for youth and/or work with youth to teach them how the adolescent brain develops and works to assist them in creating programs that can help youth development (Ref 8-21).

Regional Youth Development

- Peel Health Department- Comprehensive School Health is the framework in which Peel Public Health provides and delivers services to schools in the region. The model engages staff, students, parents and the local community partners.
- Peel Youth Violence Committee- Regional stakeholder meeting organized by the Mayor's (3) and people of the influence within the region. The purpose was to try and strategize a co-ordinate approach to addressing issues facing youth in our communities (Ref 8-23).

Teacher/Student Mentor Programs

- Peel Environmental Youth Alliance- Peer led training and development workshops with an environmental focus. (EcoBuzz Conference, EYAP Symposium) (Ref 8-22)
- Mayors Youth Advisory Committee- Ambassador Program- Student representation from all schools in Mississauga.

- Minor Sport Organizations- Offer training and coaching programs that encourage youth participation and mentor their development.
- Nexus Youth Centre
- Community Groups that offer mentoring and peer mentoring programs and opportunities i.e. YMCA- Youth Leader Corps, Peel Youth Employment and Community Connections (Ref 8-2).
- Boys and Girls Club of Peel- homework clubs
- Rapport Youth and Family Services- working within the school environment to find out what opportunities are offered in Peer Mentoring Program and Peer Mediation (Ref 8-3)
- Big Brothers and Sisters- homework clubs, one-to-one friendship program, group mentoring, in school mentoring program, Go Girls! Etc. (Ref 8-4).
- Positive Space Coalition of Peel (LGBTQ)- Drop in programs for those to discuss issues regarding their sexual orientation (Ref 8-5).
- Rotary Youth Exchange Program
- St. John's Ambulance
- Heart and Multi-cultural Youth Association.

Other

- Dixie Bloor Neighbourhood Centre- Free Youth Cooking Program (Ref 8-6)
- TransformNation- Provides workshops and programs to promote social and emotional developmental learning skills to increase success in school, work and life. Hosted a Childhood Obesity Symposium on April 29th 2011 titled "SOS Conquering Childhood Obesity: Changing This Generation". This event focused on strengthening the awareness of the impact obesity has on children (Ref 8-7).
- Acorn to Oak Youth Services- Provides mentorship, counseling, and sports and recreational programs to help youth reach their full potential (Ref 8-8).
- REACHOUT Committee INC- community based organization dedicated to eliminating violence and crime prevention through educational, cultural and social programs to promote positive youth development (Ref 8-9).
- Mississauga Mandarin Association of Youth Empowerment- MMAYE trains youth 13-24 to become successful leaders and peacemakers through fun activities, educational seminars and exciting events (Ref 8-10).
- Youth Ambassadors Helping Charities- This program is funded by the Government of Canada's Youth Employment Strategy with the purpose of helping youth age 16-30 enhance their employability skills while encouraging youth to contribute to local charities. This program provides youth with life skills, coaching, education, employability skills and some specific business related skills that will help them to obtain and retain jobs (Ref 8-11).
- Crime Prevention Conference- Held at the University of Toronto, Mississauga by Safe City Mississauga to promote crime prevention and put an end to violence before it starts (Ref 8-12).

- The Gateway Centre for New Canadians- provides a safe environment for children and youth to succeed in the areas of academics, athletics, arts and attitude. Programs are free of cost for new immigrant families. Programs are designed for youth from grades 5-12. Mentor sessions and volunteer opportunities are also available (Ref 8-13).
- Youth Empowerment Seminar- Life skills and leadership program aimed at helping youth 13-18 to reduce stress, manage emotions and develop social and leadership skills (Ref 8-14).
- Mississauga Crime Prevention Association- Cross Roads Youth Academy- This program is coordinated by the Mississauga Crime Prevention Association through local high schools. Topics include personal safety, positive relationships, drug awareness and cyberproofing. Upon completion, students receive a certificate and are credited with their community service component of the school curriculum (Ref 2-14, 8-15).
- The Ontario Centre of Excellence for Child and Youth Mental Health- Holding a seminar in December called "The Art of Youth Engagement. This seminar is aimed at sharing the latest research and experience in youth engagement in order to create and improve programs specifically in the children and youth mental health field. The Ontario Centre of Excellence for Child and Youth Mental health is committed to positively improving the lives of those with mental health disabilities (Ref 8-16).
- Drew Hildebrand Teen Benefit Fund- This program recognizes and rewards graduating teens who have demonstrated positive change and turnaround initiatives. (Ref 8-17)



**Youth Friendly Application Information Gathering
Agency Survey Responses
Supporting Criteria 8**

Agency Name	Has your organization sent adult staff who work with youth to any professional development training within the last two years? If so, please describe.
Mississauga Credit Valley Lions Club	no
Credit Valley Conservation / Conservation Youth Corps	Yes, project management, train-the-trainer, facilitation, risk management, technical training such as stream restoration
Safe City Mississauga	Yes School Climate Conference - The Canadian Safe Schools Network Volunteer Management - Volunteer MBC
Peel Children and Youth Initiative	N/a
Youth Ministry - Mississauga City Baptist Church	yes - annual event
Cross of Life Lutheran Church	No
Camilla Road Sr. P.S.	Yes-OPHEA, Think Fit Be Fit, School Food and Beverage training, Go Girls, Girls and Technology Symposium
Churchill Meadows Christian Church	We have sent our staff to a staff development through the North American Christian Convention.
MiWay the new Mississauga Transit/ City of Mississauga	no
Nexus Youth Services	Sponsored two youth and three staff to attend a 2 day workshop in Orillia which focused on how youth can work in partnership with adults to build services that engage youth in mental health services. Staff have also attended training on: Youth Engagement, ASIST (Applied Suicide Intervention Skills Training), Concurrent Disorders, Substance Use, Volunteer Coordination, Cognitive Behavioural Therapy, Mindfulness, Dialectical Behaviour Therapy, Creating Safe Spaces for LGBT Youth, Diversity, Cultural Competence & Inclusion, Girls Circle (training for facilitating gender specific groups for youth), Violence Prevention.
Mississauga Business Enterprise Centre	Every year we have a staff training with the Ministry before run the Summer Company program.
The Detour Youth Drop-In Center	Many of our staff are actually certified teachers and registered social workers, and have professional training in working with youth.
Citizens For The Advancement Of Community Development	Our organization has sent adult staff to work with youth to engage in professional development training with volunteer MBC, United Way, Social planning council of peel and Peel Newcomers Strategy Groups.
St. Teresa of Avila Elementary School	
City Centre Baptist Church	Pastor's conferences.
Newcomer Information Centre, Youth	yes - financial literacy facilitation - Personality dimensions - Developmental Assets
United Way of Peel Region	
	yes
St. Elizabeth's Anglican Church	Yes, we invited a youth minister to train our youth counselors.
Big Brothers Big Sisters of Peel	Our staff regularly attend our BBBSC National Convention in July for professional development. Mandatory training is also provided by BBBSC within the first year of employment. Our staff regularly attend professional development opportunities for community agencies, including the Peel District School Board Annual Social Work Conference.
Art of Living - Youth Empowerment Seminar (YES!)	All our teachers who teaches youth empowerment seminars, are fully trained teachers.
Volunteer MBC	yes- part of general professional development workshop series
Nahani Way Public School	Yes. Teachers, Teaching Assistants, and Administrative staff attend regular PD days and a host of conferences. These tend to focus on teaching and learning, health and wellness, and leading new initiatives.

Art of Living Foundation	Yes, adult staffs are Teachers and professional in the working industry. They have gone through Art of Living Teachers training programs
Canadian Martyrs Catholic School	Absolutely...variety of PD centered around student achievement
Peel Regional Police	Officers receive ongoing formal and informal training throughout the year. The Peel Regional Police commitment to child and youth safety is underscored by the fact that we deliver and support more programs targeting the positive development and protection of our youth than any other social issue. Our Youth Crime investigators and Special Victims Unit officers receive specialized training through the Ontario Police College. Some examples are the Youth Officer Course, Investigating Crimes Against Children and Using the Internet as an Investigative Tool. Officers attend a wide range of educational conferences where dedicated professionals on youth issues provide lectures and forums over a two to three day period.
Clarkson Secondary School - Modern Batik Art Club -www.clubmodernbatik.com	A teacher and club sponsor, supervises the activities of the students involved in the club. She attends all the training sessions with the students as well as provides support to their ventures.
Canadian Association of Multicultural People. Our website is www.camp-on.com	N/A
Region of Peel Public Health	Yes - youth engagement workshops, school workshops
Mississauga Arts Council	Yes, our staff have taken professional development courses including marketing/communications and conflict management in the past.
YMCA Peel Youth Village	Non violent crisis prevention, applied suicide prevention, Making a difference (child abuse prevention and intervention) diversity and social inclusion, learn mental health, harm reduction, asset building, social determinants of health.
Art Gallery of Mississauga	The Programmes and Education team have Masters Degrees, as well as have strong teaching experience with ages from 10 years to 19 years.
Peel Environmental Youth Alliance (project of EcoSource)	At EcoSource, we have just finished running a program called The Environmental Youth-Adult Partnerships program, which looked at the best practices for youth-adult partnerships, and how they can be effective in environmental work. So, as an organization, we are well aware of youth-adult partnerships and their best practices.
REACHOUT COMMITTEE	Reachout has have sent volunteer Social Service Students as well as High School Coop students to various training, regarding mental health and youth culture and youth, health for training
The Works/Core at Erindale Bible Chapel	We do some internal training.
Gateway Centre for New Canadians	NCON conference OCASI conference ISAP conference

Youth

Babysitting Skills Level 1

Prepare yourself for the responsibility of babysitting. Topics include: handling emergencies, first aid, fire safety, child behaviour issues, communication with parents, effective play activities and rights and responsibilities. This course is governed by the Canadian Safety Council.

Age: 12Y-14Y	Fee: \$71.50	Classes: 5			
LOCATION	START	TIME	DAY	CODE	
Burnhamthorpe CC	Sep 20	5:30 pm-7:30 pm	Tu	517464	
Burnhamthorpe CC	Feb 07	5:30 pm-7:30 pm	Tu	518114	
Cawthra CC	Mar 12	6:00 pm-8:00 pm	M-F	518837	
South Common CC	Sep 22	5:00 pm-7:00 pm	Th	517465	
South Common CC	Nov 17	5:00 pm-7:00 pm	Th	537578	
South Common CC	Feb 16	5:00 pm-7:00 pm	Th	518116	

Babysitting Skills Level 2

You have taken the babysitting course that prepares you for emergencies and other essential skills. This class is the next step. You will put together a babysitting box to take with you on the job, filled with fun activities for you to with the children. Be the babysitter that everyone wants!

Age: 12Y-15Y	Fee: \$71.50	Classes: 5			
LOCATION	START	TIME	DAY	CODE	
Burnhamthorpe CC	Nov 22	5:30 pm-7:30 pm	Tu	517467	

Birthday Party

Celebrate your birthday at our Community Centre. Choose a theme and our birthday party coordinator will run the event for one hour. Activities are age appropriate and suitable for a maximum of 15 children. The package includes a one hour room booking for you to bring food, cake and presents. Register the birthday child to reserve your date. Theme options may differ between community centres. Please call for more information/availability.

Age: 3Y-14Y	Fee: \$171.35	Classes: 1			
LOCATION	START	TIME	DAY	CODE	
Clarkson CC	905-615-4840 ext. 2123				
Frank McKechnie CC	905-615-4660 ext. 2227				
Port Credit CC	905-615-4840 ext. 2123				
River Grove CC	905-615-4780 ext. 2344				

Brainteasers, Puzzles And Games

Keep your mind active with amazing riddles and challenging logic problems to help with critical thinking skills. Enjoy a wide variety of tricky puzzles and many other brain-boosting activities that will help to develop fine motor skills while having fun!

Age: 6Y-8Y	Fee: \$83.16	Classes: 9			
LOCATION	START	TIME	DAY	CODE	
Frank McKechnie CC	Sep 18	12:45 pm-1:45 pm	Su	517585	
Frank McKechnie CC	Nov 20	12:45 pm-1:45 pm	Su	541093	
Frank McKechnie CC	Feb 12	12:45 pm-1:45 pm	Su	518221	

Chess Advanced

For the participant who has a solid understanding of the game. Participants will continue to build on the skills learned at the beginner level. Developing new strategies to take the game to a higher level will be introduced. Mini tournaments will be held throughout the program.

Age: 7Y-9Y	Fee: \$83.16	Classes: 9			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Nov 21	6:00 pm-7:00 pm	M	517600	

Age: 7Y-9Y	Fee: \$73.92	Classes: 8			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Feb 13	6:00 pm-7:00 pm	M	518226	

Age: 10Y-14Y	Fee: \$83.16	Classes: 9			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Nov 21	7:00 pm-8:00 pm	M	517599	

Age: 10Y-14Y	Fee: \$73.92	Classes: 8			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Feb 13	7:00 pm-8:00 pm	M	518225	

Chess Beginner

Chess is an excellent avenue for learning both logical and intuitive thinking skills. Participants will learn starting positions, moves and captures, check, checkmate, stalemate and pawn promotion.

Age: 7Y-9Y	Fee: \$83.16	Classes: 9			
LOCATION	START	TIME	DAY	CODE	
Burnhamthorpe CC	Sep 23	6:30 pm-7:30 pm	F	542552	
Burnhamthorpe CC	Nov 25	6:30 pm-7:30 pm	F	542554	
Churchill Meadows	Sep 18	1:30 pm-2:30 pm	Su	537681	
Churchill Meadows	Nov 20	1:30 pm-2:30 pm	Su	537683	
Churchill Meadows	Feb 12	1:30 pm-2:30 pm	Su	538545	
Frank McKechnie CC	Sep 17	2:30 pm-3:30 pm	Sa	541096	
Frank McKechnie CC	Nov 19	2:30 pm-3:30 pm	Sa	547418	
Frank McKechnie CC	Feb 11	2:30 pm-3:30 pm	Sa	518231	

Age: 7Y-9Y	Fee: \$73.92	Classes: 8			
LOCATION	START	TIME	DAY	CODE	
Burnhamthorpe CC	Feb 17	6:30 pm-7:30 pm	F	533705	
Meadowvale CC	Feb 13	5:00 pm-6:00 pm	M	518230	

Age: 7Y-9Y	Fee: \$64.68	Classes: 7			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Sep 19	6:00 pm-7:00 pm	M	517603	

Age: 10Y-14Y	Fee: \$83.16	Classes: 9			
LOCATION	START	TIME	DAY	CODE	
Burnhamthorpe CC	Sep 23	6:30 pm-7:30 pm	F	542558	
Burnhamthorpe CC	Nov 25	6:30 pm-7:30 pm	F	542559	
Frank McKechnie CC	Sep 17	2:30 pm-3:30 pm	Sa	548487	
Frank McKechnie CC	Nov 19	2:30 pm-3:30 pm	Sa	541094	
Frank McKechnie CC	Feb 11	2:30 pm-3:30 pm	Sa	518227	

Age: 10Y-14Y	Fee: \$73.92	Classes: 8			
LOCATION	START	TIME	DAY	CODE	
Burnhamthorpe CC	Feb 17	6:30 pm-7:30 pm	F	533704	

Age: 10Y-14Y	Fee: \$64.68	Classes: 7			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Sep 19	7:00 pm-8:00 pm	M	517602	

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GENERAL INTEREST

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Youth

Christmas Is Coming To Benares

Parent and child can join in with the preparation for an early 20th century Christmas by making Christmas crackers and cards to take home. Help with the baking in the historic kitchen and learn how families celebrated Christmas in the past. Register your child only.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Benares Museum	Dec 10	1:00 pm-3:00 pm	Sa	530251	

Cooking 101

If you are going away to school or moving away from home take this cooking class so you can learn to make more than soup and microwave dinners. The instructor will review basic cooking techniques and 'need to know' food safety.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Erin Meadows CC	Sep 25	3:30 pm-5:30 pm	Su	517616	
Erin Meadows CC	Nov 20	3:30 pm-5:30 pm	Su	517617	
Erin Meadows CC	Feb 12	3:30 pm-5:30 pm	Su	518238	
Erin Meadows CC	Mar 18	3:30 pm-5:30 pm	Su	518239	

Cooking Baker's Dozen

An introduction to baking. Learn how to make cookies, cakes, brownies and more! Menus will be changed each session.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
River Grove CC	Sep 17	10:30 am-12:00 pm	Sa	517620	
River Grove CC	Feb 11	10:30 am-12:00 pm	Sa	518242	
River Grove CC	Oct 15	10:30 am-12:00 pm	Sa	517619	
River Grove CC	Mar 17	10:30 am-12:00 pm	Sa	518241	

Cooking Chefs In Training

An introduction to cooking. Come out to this great class to learn the secrets of how to prepare a delicious meal. Learn to make appetizers, entrees and of course, desserts! We will also cover setting a table and table manners. Menus will be changed each session.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
South Common CC	Sep 17	12:30 pm-2:00 pm	Sa	517626	
South Common CC	Oct 22	10:00 am-11:30 am	Sa	517625	
South Common CC	Feb 11	12:30 pm-2:00 pm	Sa	518245	
South Common CC	Mar 12	3:30 pm-5:00 pm	M-F	518852	
South Common CC	Mar 24	10:00 am-11:30 am	Sa	518248	

Cooking Introduction

Come out and meet new friends in the best place to hang out...the kitchen! Youth will be introduced to how to read a recipe, using basic kitchen equipment and of course practising their culinary skills by making some great food!

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Mar 14	1:00 pm-4:00 pm	W	518853	
South Common CC	Nov 18	5:00 pm-8:00 pm	F	517629	

ECO Friendly Kids

Reduce, Re-Use, Recycle. Each week participants will participate in a new activity that will focus on the environment. Art and craft activities will incorporate recycled materials and creative ways to help the environment.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Port Credit Arena	Nov 19	11:00 am-12:30 pm	Sa	545842	

Girls Only Club

This exciting program is exclusively for girls. The program will deal with self-esteem, peer pressure, personal appearance, hygiene and make up application. Participants will have the opportunity to learn simple meals for home. Special events and off site trips will also be planned.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Sep 19	6:30 pm-8:30 pm	M	545625	

Hallowe'en Fun And Mysteries

Find out about the spooky history of Hallowe'en and solve some strange mysteries as you explore Benares Historic House. Create some creepy crafts and make Hallowe'en treats in the historic kitchen to take home with you.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Benares Museum	Oct 22	1:00 pm-3:00 pm	Sa	530259	
Benares Museum	Oct 29	1:00 pm-3:00 pm	Sa	530260	

High School Cooks

Tired of taking the same lunches to school or being at home and not knowing how to crave your hunger? Come out and learn how to read a recipe and prepare easy, delicious and nutritious meals. We will create breakfast, lunch and dinner meals as well as some desserts and snacks that will accommodate your high school life! At the end of the session you will take home a cookbook with all the recipes you learned.

Age:	Fee:	Classes:			
LOCATION	START	TIME	DAY	CODE	
Meadowvale CC	Nov 21	6:00 pm-7:30 pm	M	547445	
Meadowvale CC	Oct 17	6:00 pm-7:30 pm	M	547444	
Meadowvale CC	Jan 09	6:00 pm-7:30 pm	M	547446	
Meadowvale CC	Feb 13	6:00 pm-7:30 pm	M	547441	
Meadowvale CC	Mar 26	6:00 pm-7:30 pm	M	547442	
Meadowvale CC	Sep 19	6:00 pm-7:30 pm	M	547443	

GENERAL INTEREST

ACTIVE/MISSISSAUGA

Home Alone

This workshop is designed to prepare children for the challenges of being home alone. Participants will learn how to deal with phone calls and visitors, handling emergencies, safety around the house and how to prepare simple meals and snacks. Participants must be a minimum of 10 years at the start of the program.

Age:	Fee:	Classes:					
10Y-14Y	\$47.68	4	LOCATION	START	TIME	DAY	CODE
			Cawthra CC	Sep 23	5:30 pm-7:30 pm	F	517867
			Cawthra CC	Nov 25	5:30 pm-7:30 pm	F	538746
			Cawthra CC	Feb 17	5:30 pm-7:30 pm	F	518399
			Courtney Park	Oct 22	9:30 am-11:30 am	Sa	517865
			Courtney Park	Feb 11	9:30 am-11:30 am	Sa	518397
			Meadowvale CC	Jan 09	6:30 pm-8:30 pm	M	517868
			Meadowvale CC	Feb 13	6:30 pm-8:30 pm	M	518398

Homework Club

Staff and Peers are ready to lend a hand, point you in the right direction, and help explain homework assignments and projects. When the homework is done, structured activities will be available.

Age:	Fee:	Classes:					
12Y-18Y	\$0.00	9	LOCATION	START	TIME	DAY	CODE
			Churchill Meadows	Nov 21	4:00 pm-5:30 pm	M	537723
			Erin Meadows CC	Sep 20	2:30 pm-4:30 pm	Tu	538908
			Erin Meadows CC	Nov 22	2:30 pm-4:30 pm	Tu	538911
			Erin Meadows CC	Feb 14	2:30 pm-4:30 pm	Tu	538919
Age:	Fee:	Classes:					
12Y-18Y	\$0.00	8	LOCATION	START	TIME	DAY	CODE
			Churchill Meadows	Sep 19	4:00 pm-5:30 pm	M	537722
			Churchill Meadows	Feb 13	4:00 pm-5:30 pm	M	538575

Incredible Spelling Bees

Who said spelling wasn't fun? This class will help your child learn new vocabulary while having fun with games and making new friends. It's a great way to improve spelling and language skills. A real spelling bee challenge will be held on the last week.

Age:	Fee:	Classes:					
6Y-9Y	\$83.16	9	LOCATION	START	TIME	DAY	CODE
			Frank McKechnie CC	Sep 17	2:15 pm-3:15 pm	Sa	517871
			Frank McKechnie CC	Nov 19	2:15 pm-3:15 pm	Sa	541114
			Frank McKechnie CC	Feb 11	2:15 pm-3:15 pm	Sa	518401

Incredible Spelling Bees Level 2

For those who have completed level 1 or those who are looking for more of a challenge. Participants will explore a variety of advanced words, origins, definitions, and the complexities of the English language. All of this while having fun and meeting new friends. A spelling bee will conclude the session.

Age:	Fee:	Classes:					
7Y-10Y	\$83.16	9	LOCATION	START	TIME	DAY	CODE
			Frank McKechnie CC	Sep 17	3:30 pm-4:30 pm	Sa	517872
			Frank McKechnie CC	Nov 19	3:30 pm-4:30 pm	Sa	541117
			Frank McKechnie CC	Feb 11	3:30 pm-4:30 pm	Sa	518402

Kids Klub

How about a night out? Want to go out for dinner or see a movie? The kids can have a special night out too. The kids can play games, do crafts, play sports, and swim. Each month different activities will be planned. Dinner will be served followed by a swim. Mark the dates on your calendar and plan your special night out.

Age:	Fee:	Classes:					
6Y-11Y	\$19.44	1	LOCATION	START	TIME	DAY	CODE
			River Grove CC	Sep 24	5:30 pm-9:30 pm	Sa	517904
			River Grove CC	Oct 29	5:30 pm-9:30 pm	Sa	537182
			River Grove CC	Nov 26	5:30 pm-9:30 pm	Sa	517905
			River Grove CC	Dec 17	5:30 pm-9:30 pm	Sa	537181
			River Grove CC	Feb 11	5:30 pm-9:30 pm	Sa	537262
			River Grove CC	Mar 17	5:30 pm-9:30 pm	Sa	518424

Leader In Training 1 Winter

The Leader In Training Course will appeal to youth who want to develop their leadership skills in preparation for employment in the field of recreation. The program provides training in the following areas: leadership of children's programs, the inclusion of children with special needs, positive discipline, program planning, communication skills and instructional techniques for teaching arts, crafts and games. After three days of in-class instruction, participants can apply their newly acquired knowledge during a one week hands-on practical placement. Placements will be under the supervision of qualified leaders in the department's March Break Camp programs. A certificate will be issued to participants upon successful completion of all requirements of the program. Participants should bring their lunch, beverage and writing materials daily. All in-class dates will be held at Erin Meadows Community Centre.

Age:	Fee:	Classes:					
14Y-17Y	\$97.85	3	LOCATION	START	TIME	DAY	CODE
			Erin Meadows CC	Feb 25	9:00 am-4:00 pm	Sa	534802

Pioneer Christmas Crafts

Children can travel back in time to an 1830's Christmas when the celebration was simpler, but just as eagerly anticipated! The afternoon includes a tour of historic Bradley House, baking Christmas goodies, and creating simple old fashioned Christmas decorations to take home.

Age:	Fee:	Classes:					
4Y-10Y	\$23.54	1	LOCATION	START	TIME	DAY	CODE
			Bradley Museum	Dec 03	1:00 pm-3:00 pm	Sa	530291

Robotics-Cars, Lights and Controls

Kids will be introduced to how motors and cars operate and how they are controlled. Build cars using motors and gears while using the circuits that control light and generate sounds. A different project each week!

Age:	Fee:	Classes:					
6Y-8Y	\$76.90	5	LOCATION	START	TIME	DAY	CODE
			Cawthra CC	Sep 18	3:00 pm-4:00 pm	Su	538734
			Cawthra CC	Feb 05	3:00 pm-4:00 pm	Su	518652

GENERAL INTEREST

ACTIVE/MISSISSAUGA

Youth/Adult

Age: 9Y-11Y	Fee: \$76.90	Classes: 5		
LOCATION	START	TIME	DAY	CODE
Cawthra CC	Sep 18	4:00 pm-5:00 pm	Su	538740
Cawthra CC	Feb 05	4:00 pm-5:00 pm	Su	518653

Science Seekers

Discover the answers to many mysteries through exciting science experiments each week. Dozens of fun activities to be explored. Science has never been more thrilling!

Age: 6Y-9Y	Fee: \$83.16	Classes: 9		
LOCATION	START	TIME	DAY	CODE
Frank McKechnie CC	Nov 19	12:45 pm-1:45 pm	Sa	541444

Age: 6Y-9Y	Fee: \$46.20	Classes: 5		
LOCATION	START	TIME	DAY	CODE
Frank McKechnie CC	Mar 17	12:45 pm-1:45 pm	Sa	518658

Stand Up And Speak For Kids

This four week introductory workshop to public speaking will help you become more comfortable in front of your class. Learn the secrets to controlling nervousness while having fun. You will learn how to put your thoughts together quickly and effectively, learn the basics of speaking in front of an audience and become more confident in your presentations.

Age: 6Y-9Y	Fee: \$80.04	Classes: 4		
LOCATION	START	TIME	DAY	CODE
Frank McKechnie CC	Sep 22	6:30 pm-7:30 pm	Th	548488
Frank McKechnie CC	Feb 16	6:30 pm-7:30 pm	Th	518727
River Grove CC	Sep 19	6:30 pm-7:30 pm	M	537193
River Grove CC	Feb 13	6:30 pm-7:30 pm	M	518726

Age: 9Y-12Y	Fee: \$80.04	Classes: 4		
LOCATION	START	TIME	DAY	CODE
Frank McKechnie CC	Sep 22	7:30 pm-8:30 pm	Th	547431
Frank McKechnie CC	Feb 16	7:30 pm-8:30 pm	Th	518729
River Grove CC	Sep 19	7:30 pm-8:30 pm	M	537194
River Grove CC	Feb 13	7:30 pm-8:30 pm	M	518728

Age: 13Y-17Y	Fee: \$80.04	Classes: 4		
LOCATION	START	TIME	DAY	CODE
Mississauga Valley CC	Jan 11	6:30 pm-8:30 pm	W	518731
River Grove CC	Nov 21	6:30 pm-7:30 pm	M	537212

Studying Skills For Youth

Learn new skills to become a more effective student! Participants will explore such areas as time management, organizational skills, memorization techniques, understanding your teacher, different studying techniques, relaxing for tests and different ways to write tests. Participants will have the opportunity to engage in homework completion as part of the program.

Age: 10Y-13Y	Fee: \$59.60	Classes: 5		
LOCATION	START	TIME	DAY	CODE
Courtneypark	Nov 19	9:30 am-11:30 am	Sa	545915
Courtneypark	Mar 17	9:30 am-11:30 am	Sa	518742
Meadowvale CC	Nov 21	6:30 pm-8:30 pm	M	545618
Meadowvale CC	Feb 13	6:30 pm-8:30 pm	M	518743

University Prep 101

This program will help prepare high school students for challenges of moving away for college or university. Topics include: simple meal preparation, nutrition, budgeting, st management, how to do your own laundry and more!

Age: 15Y-19Y	Fee: \$53.64	Classes: 9		
LOCATION	START	TIME	DAY	CODE
River Grove CC	Sep 20	8:15 pm-9:15 pm	Tu	54
River Grove CC	Nov 21	8:15 pm-9:15 pm	M	54
River Grove CC	Feb 14	8:15 pm-9:15 pm	Tu	54

Adult

Bridge Lessons For Beginners

Try your hand in learning the basics of playing this enjoy game. Learn how to bid and the elements of play of ha. Note: Audrey Grant Club Series will be taught.

Age: 18Y and up	Fee: \$111.42	Classes: 9		
LOCATION	START	TIME	DAY	CODE
South Common CC	Sep 22	7:00 pm-9:00 pm	Th	51
South Common CC	Feb 16	7:00 pm-9:00 pm	Th	51

Build Your Business - Online Training Courses

Learn smart solutions to help you sharpen your business s and grow your small business on your own time, at your pace and from the comfort of your own computer.

Choose from the following online training courses:

Small Business Management	\$199
Understanding Financial Statements	\$39
Basic Sales	\$89
Basic Business Finance	\$49

See MBEC's e-brochure for full details at:
www.mississauga.ca/mbec

Business-Start Your Business-Free Information Sessio

Starting a business? Let us help you get started! In this hour information session, you will learn the basics to your business, how to assess your entrepreneurial readi and discover the resources that are available to help yo materials will be provided.

Age: 16Y and up	Fee: FRHE	Classes: 1		
LOCATION	START	TIME	DAY	CODE
Miss. Central Library	Sep 07	12:30 pm-1:30 pm	W	!
Miss. Central Library	Sep 21	12:30 pm-1:30 pm	W	!
Miss. Central Library	Oct 06	6:30 pm-7:30 pm	Th	!
Miss. Central Library	Oct 20	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Nov 10	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Nov 24	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Dec 08	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Dec 15	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Jan 12	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Jan 26	6:30 pm-7:30 pm	Th	!
Miss. Central Library	Feb 09	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Feb 23	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Mar 08	12:30 pm-1:30 pm	Th	!
Miss. Central Library	Mar 22	12:30 pm-1:30 pm	Th	!

GENERAL INTEREST

ACTIVEMISSISSAUGA



RECREATION AND PARKS
FAC OPS AD SERV PARK OPS
TRAINING & DEVELOPMENT

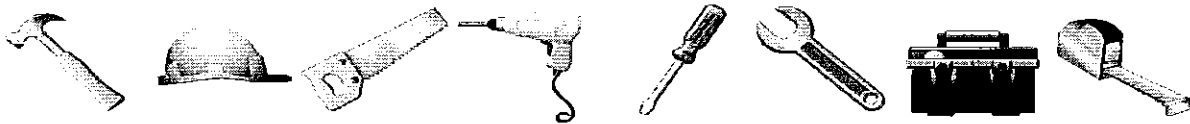


Tools for Building a Youth Advisory Committee

Friday February 5th, 2010

9:00am - 10:30am

Mississauga Valley Community Centre
Larry Taylor Auditorium



COURSE DESCRIPTION

This workshop will equip Managers (and delegates) with the necessary resources and knowledge needed to successfully launch a Youth Advisory Committee in their community. Practical suggestions on how to prepare, recruit and facilitate the groups will be covered as well as several tools and considerations for working effectively with youth. Participants should come with enthusiasm, creative ideas and an open mind!

ABOUT TRAINING

The Training and Development Unit is pleased to assist in the coordination and delivery of these Recreation Services Training & Development (RSTD) Community Program Staff training sessions.

Sincere appreciation is expressed to all of the recreation programmers, community program supervisors, active living supervisors and managers who have provided input into the development of this conference and the pending training requirements.

HOW TO REGISTER

Registration for this training can be done sending an e-mail to: info.td@mississauga.ca

Please send a registration e-mail so that we can take care of planning details.

REGISTRATION DEADLINE IS JANUARY 21, 2010

Cancellations (withdrawals) must be processed through Training and Development at least two days prior to your scheduled course date. Cancellations done after this time must also be submitted via email by your supervisor to Training & Development (info.td@mississauga.ca). Please plan accordingly as a "no-show" fee of \$100 will be charged to your facility.

QUESTIONS?

Contact the T&D team if you have any questions or concerns at 905-615-3200 or by e-mail at info.td@mississauga.ca

- Pat Pinkerton, T&D Coordinator ext.2328
- Lisa Boyce-Gonsalves, Child and Youth Consultant ext.2479

GET YOUR MOVE ON

A HEALTH, FITNESS, AND NUTRITION PROGRAM FOR TEENS AND TWEEENS

BURNHAMTHORPE COMMUNITY CENTER
APRIL 11-JUNE 6, 2011

Monday Fitness & Nutrition Program
 Ages 13-18
 Apr 11, 18, 25, May 2, 9, 16, 23, 30

Wednesday Nutrition Program
 Ages 8-12 yrs
 Apr 13 May 25 4:00-5:30pm

- Learn about proper nutrition for growth and development
- Follow a workout program with detailed exercise demos and videos
- Explore articles on nutrition, fitness, health and goal-setting
- Much, much more!

Working With Youth



YOURSELF

be your authentic self

OVERCOME

overcome fears, misconceptions & stereotypes

UNDERSTAND

try to understand where they are coming from

TREAT W/ **R**ESPECT

treat youth how you would want to be treated

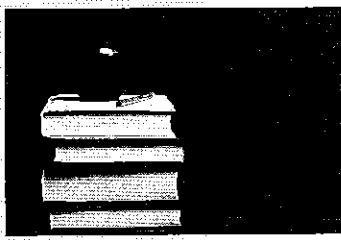
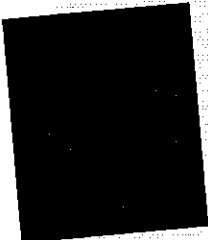
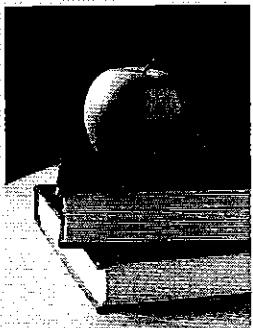
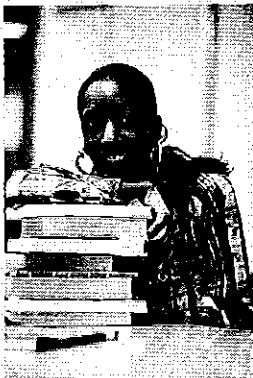
HELP

help them out like you would any other customer



Burnhamthorpe
Community Centre
Where there's
something for everyone

Tutoring



Every Wednesday from
7:00pm to 8:00pm at
Burnhamthorpe
Community Centre

FREE homework & tutoring assistance
Grades: JK to Grade 8
Enrich skills in all subjects
Ongoing registration will be done every
Wednesday night on site
EVERYONE IS WELCOME!

Mentorship Program

Community Hours
available for High
School Students

We Provide
Tutoring in:
Math
English
Science
History
...and more!

In Partnership with...

For more information please
contact the community centre
at 905-615-4630 x 2488



**FAITH
SANCTUARY**
PENTECOSTAL CHURCH

YMCA – Peel Youth Village Membership & Programs

Descriptions:

PYV CORE PROGRAMS

JR YLC:

Junior Youth Leadership Corps.

Age: 12-14 years

Schedule: Wed. 6-7 pm

This program is designed to aid youth in building skills in ;communication, team, leadership, and self governance. Members of the YLC will plan and participate in service learning projects that will benefit the Acorn Community. Youth involved in the YLC may have the opportunity to spend a week away at a youth leadership conference and gain community service hours.

SR YLC:

Senior Leadership Corps.

Age: 15-18 years

Schedule: Thurs. 6-7 pm

This program is designed to aid youth in building skills in; communication, being part of a team, leadership, self governance, and the discussion of age appropriate issues on a developmental, societal and world level. The youth will also participate in service learning projects that will benefit the Acorn Community. Youth may also have the opportunity to participate in a week long conference where the focus is enhancing leadership skills and global awareness.

Village Café:

Age: All ages

**Schedule: Mon-Fridays
(10am-12pm)**

The Village Café is where community members can come to Peel Youth Village and enjoy free coffee, tea, juice, cookies biscuits or other snacks that are available. The Village Café is where you can meet your neighbours in the community, read a magazine or book or check out other programs the PYV offers. The gymnasium for children's play gym and workout area, are also open at this time. Everyone is welcome.

Homework Club/ Healthy Snack Program:

Age: 12 years +

**Schedule: Mon-Fri 3:30pm
(follows school year)**

This can provide youth with additional support in learning, understanding and improving their skills related to academics. A teacher currently working in the school system provides guidance, encouragement and the individual attention many youth require to fully comprehend the various subjects in school. A Healthy Snack is also provided for youth who participate.

Girls Club:

Age: 7-11 years

Schedule: Thurs 5-6 pm

Girls Club is designed to support the needs of the young ladies in the Acorn Community. The program focuses on discussion of variety of topics, while fostering fun, creativity and interaction with other girls in the same age of development. The program allows girls to express their thoughts, and feelings in a healthy and safe environment. Outings and trips for participants maybe planned.

Citizenship, Immigration and Newcomer Support Services:

Age: 16 years +

Schedule: Appointment only

There are many Newcomers in the Acorn Community and to address the ever arisen needs we provide assistance in the often difficult transition into life here in Canada. We can assist in applying for Citizenship, Permanent Resident (PR) Card, Travel Documents and refugee related issues. Services are provided in English, Hindu, Punjabi and Urdu.

YMCA PEEL YOUTH VILLAGE-PROGRAM UPDATE FOR JUNE 2010

Peel Youth Village

99 Acorn Place
Mississauga, ONT
L4Z 4E2

Membership & Programming: Extension 7000 or press 0

Health Fitness & Recreation: Extension 7010
Melodie Downey, Director Membership & Programs
Howard Henningham, Director

YMCA Youth Leader Corps Application Form

Last Name _____ First Name _____
Home Address _____
Postal Code _____ Telephone # _____
YMCA Membership # _____ Age _____
E-mail _____

Why do you want to be involved in the YMCA Youth Leader Corps?

What YMCA activities have you taken part in?

What kinds of work or volunteer experience have you had?

Please attach names and phone numbers of two references that we can contact.
(A coach, a teacher or someone you have worked or volunteered for are best.)

Please feel free to attach an additional sheet if you need more space.

Mississauga YMCA

Youth Leader Corps



YMCA

We build strong kids,
strong families, strong communities.

Youth Leader Corps

Since 1884, the YMCA has been training the leaders of the future. YMCA Youth Leader Corps programs are designed to help participants build skills that they can use for a lifetime. The program aims to provide a sense of responsibility for the well-being of oneself and a sound foundation of formal and supervised service training that prepares one for future volunteer and employment opportunities.

What you get out of YMCA Youth Leader Corps

YMCA Youth leader Corps is an opportunity to build skills, friendships and experiences that last a lifetime!

The skills gained through the Leader Corps programs such as planning, communication, and positive contribution to a team are highly valued by employers in every field.

In our Youth Leader Corps program you will be working very closely with a group of up to 15 participants and a staff advisor. As your group learns, sets goals, and plans together, you can be sure that the friends you meet will last a long time!

Participant Expectations

Youth Leader Corps participants are expected to be representatives of the YMCA. This responsibility requires participation in key YMCA events, wearing the Leader Corps uniform during appropriate times, and conducting oneself in a manner reflecting the position as a role model for YMCA participants and others in the community.

YMCA Leader Corps participants are required to attend a minimum of two hours of courses, meetings, or planning activities per week. In addition, Leader Corps participants will eventually be required to take on a volunteer placement. Placements normally require a maximum time commitment of two hours per week.

How to Apply

Please drop off your application at the front desk of the YMCA. Please make sure you fill out all parts of the application. A YMCA Youth Leader Corps Advisor will be in touch with you to set up a time for an interview for the program.

Please be aware that we may not be able to accept all participants into the program immediately. Your YMCA Youth Leader Corps advisor will let you know about the status of your application.

YMCA Youth Leader Corps programs feature three components:

Leadership Training

- skills such as communication, event organization, and teaching.

Volunteerism

- opportunities to take part in service projects, learning goals, and group activities.

Self-Government

- participants will identify their own projects, learning goals, and group activities.

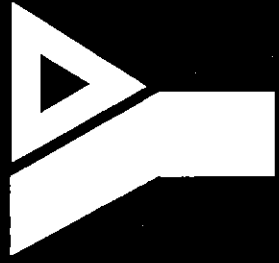
In addition, participants will have opportunities to take part in area wide, provincial or national YMCA Leader Corps programs.

The Programs

Leaders-in-Training (ages 11-14) provides a core program of theoretical and practical training, and an in-service leadership experience.

Leaders (ages 15-17) focus on the art of teaching and leading, understanding oneself and others, skills and technical knowledge in one or more activity areas, in-service leadership, and additional YMCA background.

Programs run from September to May each year. New members will be accepted into the program in September and January.





ymcagta.org

FOCUS ON Teens 13-18

THE YMCA BELIEVES EVERY YOUNG PERSON SHOULD HAVE ACCESS TO PROGRAMS AND SERVICES THAT ENABLE THEM TO ACHIEVE PHYSICAL, SOCIAL, EMOTIONAL AND MENTAL HEALTH. THIS ENSURES THE GTA IS HOME TO THE HEALTHIEST CHILDREN, TEENS AND YOUNG ADULTS.

Transformational change begins now.

The YMCA of Greater Toronto has a long history of working with the young people of our community, helping them gain the skills, confidence and support they need to achieve their full potential. Today, we're building on this experience with a renewed vision focused on the healthy development of our children, youth and young adults.

We are the heart of transformational change. By providing our young people with a supportive environment in which they can flourish, we're creating the foundation for a healthy, vibrant future — for every individual in our community and for our society as a whole. This is the commitment of the YMCA.

But we can't do it without your help.

Transform a kid's life.

We believe that every young person should have the chance to thrive. The YMCA works with the young people of our community to create relevant programs and services that build their sense of identity and confidence as they face the challenges of growing up.

For too many, those challenges can seem insurmountable:

- 20% of all Canadian youth between 15 and 19 are no longer pursuing formal education.
- 1 in 5 young people in the GTA are overweight or obese.
- 32% of kids aged 17 and younger live in low-income households.

FAST FACTS

DONORS

More than 38,000 donors invested in our community health strategy, and we deeply appreciate the difference they are making.

VOLUNTEERS

Over 6,000 volunteers help bring people together to build strong communities.

MEMBERS

The YMCA serves over 504,000 members across the GTA.

CENTRES

The YMCA has 276 program sites serving Toronto, Peel, Halton, York, Durham and Dufferin County.

- 8 YMCA Health, Fitness and Recreation Centres of Community
- 10 YMCA Employment Centres
- 5 YMCA Newcomer Centres
- 175 YMCA Child Care Centres
- 7 YMCA Early Years Centres
- 49 YMCA Summer Day Camps
- 1 YMCA Residential Camp
- 8 youth and community outreach sites
- 2 transitional housing centres
- 1 men's youth shelter
- 1 fully accredited high school
- 1 full-scale training and catering kitchen

In addition, the YMCA offers outdoor education programs, youth leadership, gambling awareness and substance abuse programs, and a variety of internships.

YMCA of Greater Toronto
Established in 1853
Charitable Registration # 11930 7080 RR001

YMCA Youth Programs

It starts here.

Supporting children, youth and young adults in our community is at the centre of our vision. Our programs give them a voice and a chance to make a difference in their own lives and for their families and communities.

YMCA Youth Leader Corps

Right now, there are over 1,500 young people at 33 sites across the GTA actively participating in the YMCA Youth Leader Corps. Supported by 72 experienced and dedicated volunteer adult advisors, they're working together to develop and deliver community-based programs that support our established curriculum.

Through the Youth Leader Corps, these kids are learning that they can make a difference. They're becoming aware of the social issues facing their communities and are recognizing their capacity for individual impact. By building practical skills, confidence and leadership abilities, the Youth Leader Corps is shaping the future. To reach more youth across the GTA, this vital program will be expanded to 11 additional sites in the next year.

YMCA Newcomer Youth Leader Corps

Being a teenager is tough. Being a teenager in a new country is tougher. The YMCA Newcomer Youth Leader Corps reaches out to youth aged 13 to 24 to help them engage in the social, educational and cultural aspects of a new life in Canada.

In just three years, the YMCA Newcomer Youth Leader Corps has grown from a small pilot project to become a multi-site initiative that reaches 300 newcomer youth and their families every year. It's an incredible success story – but we need to do more. Statistics Canada reports that nearly 230,000 youth came to Canada in 2006, and that number is increasing. In 2010, 47% of secondary school students within the Toronto District School Board speak English as a second language.

YMCA Weekend Access for Teens

It can be hard for teens to find their place in the world. But with the right guidance and support, figuring out who you are and realizing what you can do is a lot easier. The YMCA's Youth Strategy provides weekend programs for teens from 13 to 18 years of age. These programs are designed for kids not already involved in Y programs, and they're free. This kind of access gives kids a real alternative, and provides the chance to develop social and leadership skills, participate in recreational activities and explore new interests.



Under the leadership of the Region of Peel, the Peel Region Youth Village is a safe, fun, and exciting place for young people to spend their time. The Village is a place where young people can learn, grow, and have fun.

The Village is a place where young people can learn, grow, and have fun. It is a place where young people can learn, grow, and have fun. It is a place where young people can learn, grow, and have fun.

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Happy Monday
November 21st 2011
10:00 AM - 1:00 PM
Peel Region Youth Village
1000 Lakeshore Blvd. E.
Unit 100, Mississauga, ON L4X 1L3

The Village is a place where young people can learn, grow, and have fun. It is a place where young people can learn, grow, and have fun. It is a place where young people can learn, grow, and have fun.





MISSION STATEMENT

To strengthen the social and emotional well-being of youth and families through counselling and related support services.

NAVIGATION

- [Home](#)
- [About Us](#)
- [Our Impact on Youth](#)
- [Events](#)
- [Programs](#)
- [Downloads](#)
- [Volunteer](#)
- [Donations](#)
- [FAQ](#)
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SITE DESIGN BY
PRIRONUS4000

ECLYPSE YOUTH RESOURCE CENTRE

The ECLYPSE Youth Resource Centre is a community-based organization that provides a safe and supportive environment for youth and families. Our mission is to strengthen the social and emotional well-being of youth and families through counselling and related support services. We offer a variety of programs and services, including individual and group counselling, family support, and community referrals. Our staff consists of trained professionals who are dedicated to providing high-quality, evidence-based services to our clients. We are committed to creating a welcoming and inclusive space where everyone can feel supported and empowered.

For more information about our services, please contact us at [phone number] or visit our website at [website URL]. We are here to help you and your family thrive.

Our programs are designed to meet the unique needs of our community. We offer flexible scheduling and a variety of service options to ensure that our clients can access the support they need. We also provide ongoing training and support for our staff to ensure that they are equipped with the latest research and best practices in the field of youth and family services.

We are proud to be a part of our community and to serve the needs of our youth and families. We believe that everyone deserves the opportunity to lead a healthy and fulfilling life, and we are committed to helping our clients achieve their goals and dreams. Thank you for your interest in our services.

Our services are provided at no cost to our clients. We are funded by a combination of government grants, private donations, and community support. We are always looking for ways to expand our reach and provide more services to our community. If you are interested in supporting our work, please contact us at [phone number] or visit our website at [website URL].

We are currently accepting applications for our various programs and services. If you are interested in participating, please contact us at [phone number] or visit our website at [website URL]. We will be happy to provide you with more information and answer any questions you may have.

Thank you for your interest in our services. We are committed to providing high-quality, evidence-based services to our youth and families. We are here to help you and your family thrive.



MISSION STATEMENT

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SITE DESIGN BY PATRONUS4000

WELCOME

Rapport Youth & Family Services is a non-profit social service organization that provides counselling and related support services to youth in Peel Region.

Rapport is staffed by professionally trained social workers, counsellors, and youth workers who provide a range of confidential services. We provide services for young people between the ages of 12 and 20 who are experiencing personal, social or family problems.

KEY CONTACT INFORMATION

Main Address

155 Clark Blvd., Unit 11, Brampton, ON, Canada, L6T 4G6

Telephone	E-Mail	Fax
(905) 455-4100	info@rapportyouth.com	(905) 455-9727

David Clement, Executive Director

(905) 455-4100 ext. 223

Rob El-Sayed, Manager, Strategic Operations & Communications

(905) 455-4100 ext. 224

Rubina Leahy, Manager, Counselling Services

(905) 455-4100 ext. 228

Aubrey Fitzgerald, Manager, Youth Outreach & Engagement Services

(905) 790-7707

[Link to Board of Directors](#)

Rapport is a United Way of Peel funded agency



155 Clark Blvd., Unit 11, Brampton, ON, Canada, L6T 4G6 | Tel. (905) 455-4100 | Fax (905) 455-9727
 This page was last updated on June 22, 2010. Please forward any comments about this site to info@rapportyouth.com.

FREQUENTLY ASKED QUESTIONS:

What kinds of activities will my child do with the Big?

The focus is on friendship, fun and sharing love, sports, activities. They could go on a hike, read a poem, bake cookies, walk your dog (or someone else's!), sing, some hoops or attend an agency event!!!

Who pays for the outings?

Many of our activities are planned and paid for by the agency. There is no cost to enroll your child in our program.

Who can refer my child for service?

Our children are referred by parents, social service agencies and schools.

How old do I need to be to become a mentor?

Mentors must be 18 years or older.

I can't volunteer every week, is there a program that would be suitable for me?

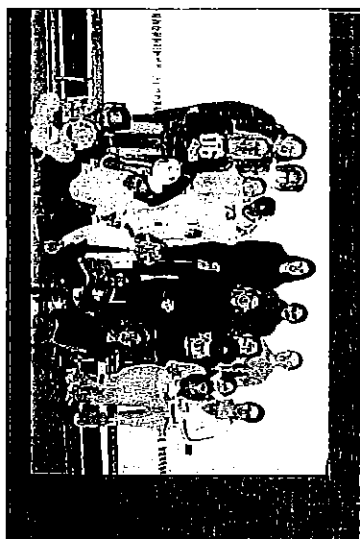
Yes. We can be flexible in our match and group programs. As well, our BIG BUNGH program offers flexible outings each month. Please call our Intake Coordinator (ext. 210) to discuss your availability.

What is the role of a Caseworker?

A caseworker is a professional staff member who supports families and volunteers throughout the match and group programs. Their knowledge and experience will help you experience a fun and rewarding friendship.

HOW TO APPLY FOR SERVICE FOR CHILDREN:

- ✓ Call us @ 905-457-7288 for an application form or download from our website: www.bbbspeel.com
- ✓ Complete application and return to office by fax, mail or in person.
- ✓ Participate at an Orientation & Child Safety Training Session for families.
- ✓ Attend a child & family meeting with Caseworker to confirm eligibility for service & identify child's interests.



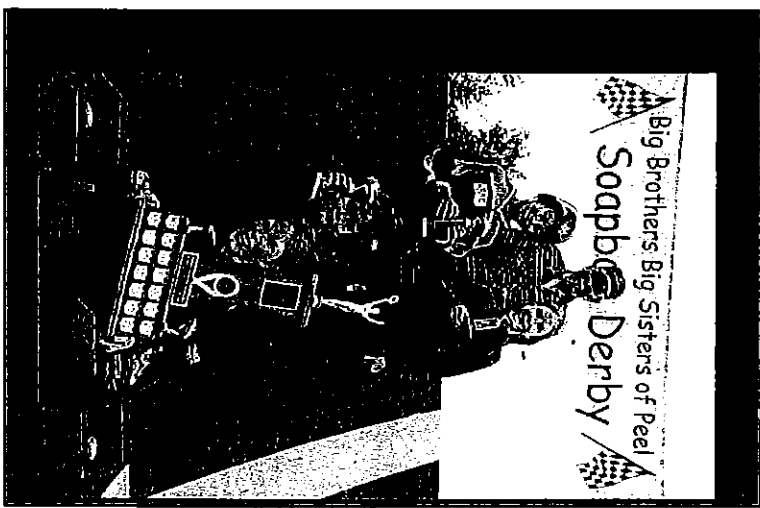
"Being involved in the Group Program has helped me follow my dreams, never give up and try harder" **Malaya, 12**

For more information, contact us at:

71 West Drive, Unit 23
 Brampton, ON L6T 5E2
 Tel: 905-457-7288 · Fax: 905-454-0769
 Email: intake@bbbspeel.com
 Website: www.bbbspeel.com



Big Brothers Big Sisters of Peel



Our Vision:
Every child who needs a mentor has a mentor



ABOUT THE AGENCY

Big Brothers Big Sisters (BBBS) of Peel, a mentoring organization for children aged 6-17, is committed to providing caring adult relationships for children to promote their healthy development and enhance their self-esteem.

Each year, our agency serves over 1,050 children in Peel. Children and youth in our programs are matched with a mentor - a Big Brother or Big Sister. A mentor is a special person, a "friend" who provides inspiration, acceptance, career opportunities or exposure to new activities or ideas. Our caseworkers provide support to the families and volunteers throughout the match.

Our Little Brothers and Little Sisters demonstrate increased confidence, improved relationships with family and peers and hope for the future.

MENTORING WORKS

OUR MENTEES:

- ◆ 80% more likely to finish high school
- ◆ 58% achieved higher grades in social studies, language & math
- ◆ 46% less likely to use drugs

VOLUNTEERS BENEFIT TOO!!

- ◆ Personal satisfaction
- ◆ Leadership skills & experience
- ◆ Training opportunities



OUR PROGRAMS

ONE-TO-ONE FRIENDSHIP PROGRAM
Our most recognized program matches a Big Brother or Big Sister, 18 years of age or older with a child aged 6-17. The match plans 2-4 outings a month to build and share friendship. Our Bigs agree to stay matched with their Little for at least one year. Matches are encouraged to plan fun, low cost activities together as they build their friendship. The agency hosts monthly outings for matches.

GROUP MENTORING PROGRAM
Groups of 10-12 children participate in sports and skill based activities organized by the agency, from September to June. Each group has 5-6 mentors. Outing costs are covered by the agency. Activities may include cooking, floor hockey, squash, picnics, swimming and crafts.

BIG BUNCH PROGRAM
This is our Wait List program for children who are waiting to be matched with a Big Brother or a Big Sister. BIG BUNCH groups are comprised of both male and female mentors and children. Three to four outings are planned by the agency each month. Outing costs are covered by the agency. Activities may include attending a sports event, fire station tour, bowling, multi-cultural evening, swimming, crafts or movie.

IN-SCHOOL MENTORING PROGRAM
In partnership with the Peel District School Board and Dufferin-Peel Catholic District School Board, this program matches elementary school girls and boys with a caring adult mentor in 69 schools across Peel. Matches meet for 1 hour each week during school hours and on school property to share in fun activities. Referrals for children are made through the school.

"He feels proud to have me as a Big Brother. All the other kids in his class tell him how lucky he is and how they wish they had a mentor".

— In-School Mentor



APPLY TODAY!!



HOW TO BECOME A MENTOR:

- ✓ Call us @ 905-457-7288 for an application form or download from our website: www.bbbspeel.com
- ✓ Complete application and return to office by fax, mail or in person
- ✓ Submit police check and references
- ✓ Meet with a Caseworker
- ✓ Complete volunteer training.



Go girls! was developed in 2001 through partnerships with Ophelia, the University of Toronto Centre for Girls and Women's Health and Physical Activity, and the Nutrition Resource Centre.


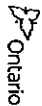
In 2006, Big Brothers Big Sisters of Canada received funding from COGECO to continue the delivery of Go Girls!



Big Brothers Big Sisters of Canada and COGECO are partners for the implementation of **Go Girls!** in select Ontario communities.



*"This program has been fantastic! It met my expectations and more! The girls with whom we are working **REALLY** needed this program and the skills it has taught them."*
-Mentor


 905-457-7288 ext.212
[www.bbbspeel.com/OurPrograms/Go Girls](http://www.bbbspeel.com/OurPrograms/GoGirls)

 Ontario



Big Brothers Big Sisters

According to a wide array of research, physical activity levels of young women significantly decline in adolescence. This age group often struggles with issues regarding healthy eating, body image and relationships.

Go Girls! Healthy Bodies, Healthy Minds

Developed for girls, ages 12 to 14, **Go Girls!** uses a mentor approach to provide girls with the information and support they need to make informed choices about healthy, active living during a particularly challenging stage of development.

Maintaining sensitivity towards emotional, social and cultural issues, **Go Girls!** addresses topics such as physical activity participation, healthy eating choices, self-image, and relationships.

How it works

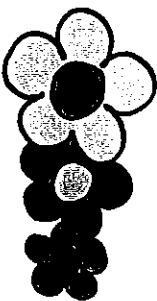
Go Girls!, led by mentors, runs in schools for seven, two-hour sessions. Each session provides an opportunity for the girls to participate in fun, educational games and activities that encourage mentor/participant relationship-building as well as self-reflection and group discussions about what is important to them.

Why it works

In the supported, open environment of **Go Girls!**, young women...

- ⊗ try active games that are so much fun, they don't realize that they are exercising
- ⊗ try snacks that are balanced and delicious
- ⊗ learn wonderful things about themselves they didn't even know

By helping the girls to become more informed about making healthy choices and by conveying the message that being active can still be fun, the girls become equipped to incorporate these values into their lives.



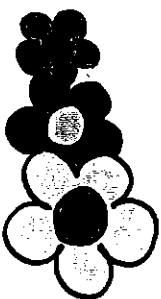
"I have learned that even though I am not good in sports I can still participate and have fun!"
- Go Girls! participant

Making it happen

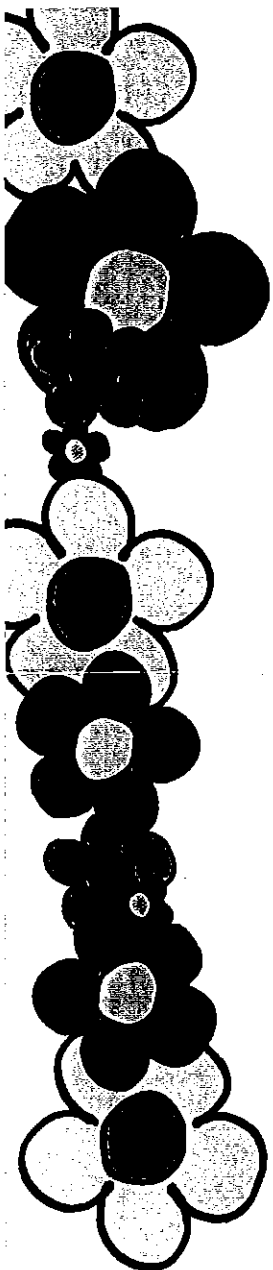
Go Girls! Participants are chosen by teachers in selected schools. **Go Girls!** is designed for girls in Grades 7 and 8 who will benefit the most from a small group environment and the opportunity to discuss the topics.

Go Girls! Mentors are young women, who are passionate about healthy, active living and are specially selected and trained to deliver the program.

- ⊗ Schools in selected cities apply to receive **Go Girls!** and select the students to participate.
- ⊗ Big Brothers Big Sisters agencies implement **Go Girls!** and recruit the Mentors to deliver the program in schools.



"I'm glad these girls let me in from day one — sharing their thoughts and experiences with me, and trusting me. I am so proud of all of them, and so happy that I was able to make a positive difference in their lives."
- Mentor



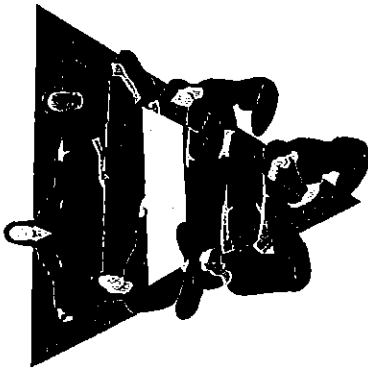
Financial Support

The Coalition wishes to recognize the following for their financial support:

- United Church of Canada
- PFLAG (Parents and Families of Lesbians and Gays)
- Peel Health Department
- Laidlaw Foundation
- Peel Children's Aid Society

Printing

The printing of this brochure was made possible through the generous contribution of the Laidlaw Foundation



Contact Us

Positive Space
Coalition of Peel
c/o Peel Health Department
44 Peel Centre Drive, 2nd floor
Brampton, Ontario,
L6T 4B5

Phone:

905-791-7800 ext 2869

Fax

905-458-9217

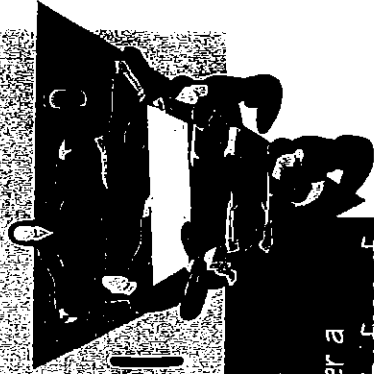
Website:

www.positivespacepeel.org

E-mail:

pospeel@positivespacepeel.org

Positive Space Coalition of Peel



Working to Foster a community free of prejudice that accepts and celebrates the diversity of the

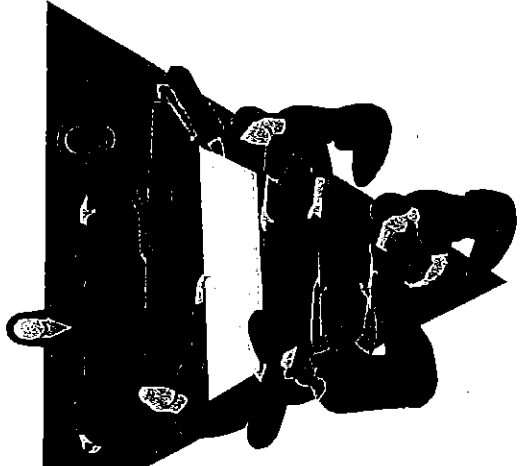
Lesbian, Gay, Bisexual, Transsexual, Transgendered, Questioning & Queer (LGBTQQ)

community in Peel

Positive Space Coalition of Peel

Objectives

- Maintain a partnership with the Peel Pride Youth Group and its sponsoring agency.
- Organize educational training sessions.
- Coordinate annual symposiums.
- Provide advocacy and consultations.
- Collect and distribute resources.
- Act as a resource and referral network to various Peel individuals and agencies.
- Explore funding opportunities.



Mission Statement

Positive Space Coalition is a networking group of individuals and agencies dedicated to addressing the needs and increasing the visibility of the Lesbian, Gay, Bisexual, Transsexual, Transgendered, Questioning, and Queer (LGBTQQ) community in Peel.

Peel Pride LGBTQ Youth Drop-in

The Coalition sponsors Peel Pride, a weekly drop in, support group for LGBTQ youth and youth who are dealing with issues regarding their sexual orientation. The group provides a safe place to meet and discuss common issues. Youth up to 24 are welcome.

Where: A central location in Mississauga

When: Every Tuesday, 7 to 9 PM

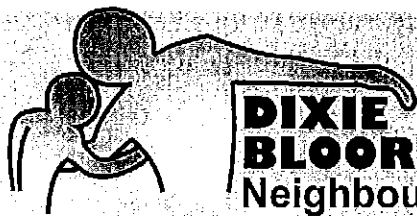
For information and location call:

Participating Agencies

- Square One Youth Centre
- Nexus Youth Services
- Our Place Peel
- Sexual Assault/Rape Crisis Centre of Peel
- PFLAG
- Peel District School Board
- Peel Health Department
- Youth Substance Abuse Program (YMCA Peel)
- Children's Aid Society of Peel Region

905-791-7800 ext. 2869 

Working to foster a community free of prejudice that accepts and celebrates the diversity of the Lesbian, Gay, Bisexual, Transsexual, Transgendered, Questioning and Queer (LGBTQQ) Community in Peel



**DIXIE
BLOOR**
Neighbourhood Centre

Presents:

8-6

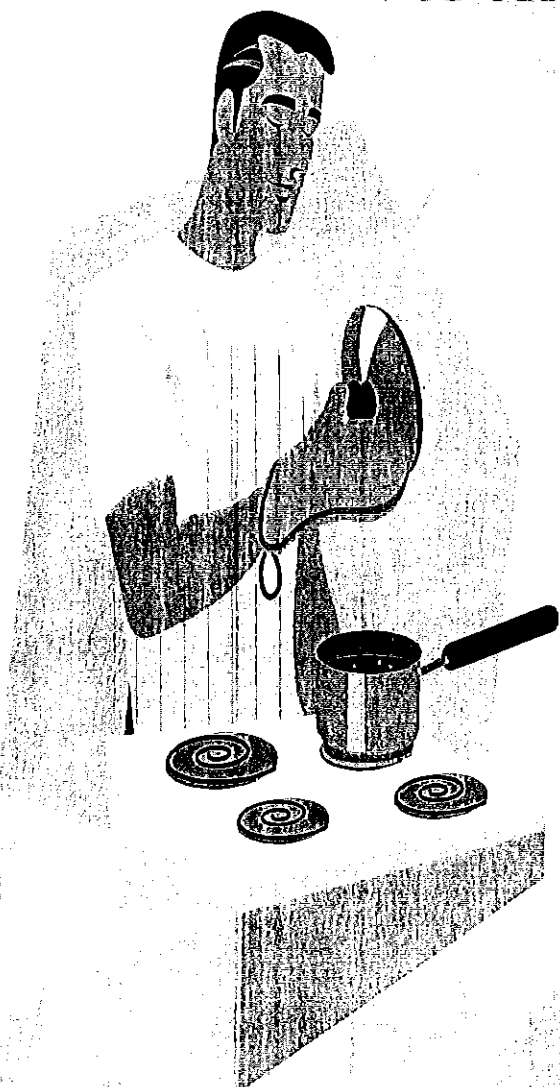
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Dixie Bloor Neighbourhood Centre supports a positive, healthy and caring community by providing programs and services for:

- Families (Children, Youth, Adults and Seniors)
- Job Seekers
- Newcomers

KITCHEN CONNECTION FREE Youth Cooking Program

For All Youth Ages 13-18



*Hang out with your friends

*Eat lots of food

* Laugh and Learn

TUESDAY and THURSDAY

5:30pm-7:30pm

Starting October 18th

Burnhamthorpe Community Center (BCC)

1500 Gulleden Dr. Mississauga

Registrations can be found at
BCC front desk.

Please return signed
registrations to Stephanie,

Contact Info: 905-629-1873
stephanies@dixiebloor.ca

THE ONTARIO
TRILLIUM FOUNDATION



LA FONDATION
TRILLIUM DE L'ONTARIO

MISSISSAUGA
Leading today for tomorrow



United Way
of Peel Region



Group focuses on childhood obesity

Chad Hackl
March 21, 2011

Local organization TransformNation is hosting a child obesity symposium on April 29 at The Capital Banquet and Convention Centre.

Titled *SOS Conquering Childhood Obesity: Changing This Generation*, the event will focus on strengthening awareness of the impact obesity is having on children.

In alliance with the East Mississauga Community Health Centre and the City of Mississauga, TransformNation launched a campaign to end childhood obesity on January 1, 2011.

The community-based initiative was developed to challenge issues affecting youths' lifestyle choices and to improve their health by encouraging better diets and sufficient exercise.

Registration is at 8:30 a.m., with the symposium running from 9 a.m. until 4:30 p.m.

The Capital Banquet and Convention Centre is located at 6435 Dixie Rd.

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Youth Programs

Transforming
Communities



(888) 861-7392

Working to Stimulate
and Support Community
Development Through
Engagement and Inclusiveness



Youth & Young Adult Programs

We offer programs that will help young people to challenge conventional decision making pattern & provide new tools to reform & positively change not only to their world, but also to the world around them.

The Power of One



Growing mighty oak trees from a tiny acorn can be an amazing challenge.

One acorn produced one mighty oak tree. The entire acorn from that one oak tree, produced a forest. One tiny acorn with all its' potential had the power to dramatically change and affected the environment. It produced a harvest far greater than your mind would ever imagine or its size would ever indicated. One person can decide to take on the responsibility to lead courageously and make a difference. Each and every one of us is born full of potential. The ultimate decision is ours: We choose if we want to get rooted, grounded, produce and be productive, or if we just want to lie on the ground and not bear fruits. One thing is for sure, the choices we make not only leave an impression on our life, but also powerfully intersects the world around us.

Youth program fundamental purpose: changing life and impacting generation of youth by responding to their needs. Program nurtures and cares for a culture of hope that maximizes personal identity, appreciates self-confidence, creates success-oriented, hope-filled, optimistic outlooks, and supports the youth with opportunities for success.

GOALS:

To promote Social and Emotional Development Learning Skills for Greater Success in School, Work, and Life

OBJECTIVES:

- Help young people to believe in themselves - recognize and step into in their immeasurable potential that will not only change their life but also the world around them.
- Empowering young people to start changing their world, not for the future, but begin changing their world NOW.
- Enable them to see themselves as world changers and to begin walking in their powerful potential as a world changer NOW!
- Ensuring young people are prepared to be actively involved as citizens, leaders, or partners to identify issues that impact them and to share responsibility for identifying and implementing potential solutions
- Train, equip, and empower young people with skills and strategies on how to solve their problems, manage their emotions and make a positive difference in their world

With these new skills and reformed, mind-set they can start producing a whole new level of effectiveness to begin changing their world NOW.

© 2011 Transformnation Inc. All rights reserved.
 Transformnation Inc. 1000 Lakeshore Blvd. West, Mississauga, ON L4Y 1G7

This is the idea behind **TransformNations'** work in the community. In addition to facilitating dialogue concerning taking responsibility for their choices, attitude and behavior, program includes the sharpening of their empathetic, respect and neutral-aid skills.

Participants are challenged in important areas of their lives at various strategic periods in their development. It examines the root of:

- Low self-esteem/self worth
- Social (physical well-being)
- Social (emotional learning)
- Unhealthy self image/Confidence

Programs examines the often incorrect perceptions they have of themselves and their value in this world.

We host and facilitate workshops on leadership, dating and violence, and also speak and present at conferences in Jamaica and Canada.

Young Vibration... ...Get Your Move On

GET YOUR MOVE ON program ensures that youth gain new information, skills set and develop talents so that healthy habits become a healthy lifestyle.

(1) **Fitness and Nutrition Program** - A fitness and nutrition curriculum that focuses on *Healthy choices today become healthy habits for life*.

(2) **Ambassadors Leadership Program** - Developing the leadership capacity and capability of young people to become community leaders and mentors, to empower and influence *"Get your Move On"* to their peers.



GET YOUR MOVE ON is a program from our community initiative (**Conquering Childhood Obesity and Related Illnesses Within a Generation**); developed to respond to issues intersecting youths healthy life choices. The Program was developed by TransformNation to encourage the use of the community centers, and provide opportunities for youth and young adults who live in buildings, away from parks and shut-in for the winter, all youth (ages 10-20 years old) to not only be educated about health, fitness/wellness, nutrition and personal skill development; but also to enhance community engagement opportunities so that skills sets can be sharpened and honed into.

This program offers challenges and opportunities which changes youth attitudes towards good health and physical fitness, and ensures that youth and young adults get a chance to apply what new information, skills set and talents being learned so that a healthy lifestyle will become a healthy habit. Program design strengthens our ability for youth engagement and capacity building.



Summer Camp-A-Th on 2010



We aim to:

To improve participant's fitness levels and awareness about the benefits of nutrition while encouraging a "level playing field" for athletes and non-athletes alike

To offer youth new opportunities for participation in activities which promote healthy physical fitness, wellness and life styles while enhancing their leadership skills



Magnificent Me



Program teaches self - acceptance and goal setting

An engaging, responsive aims to build positive self - esteem by understanding and dealing with their ethnicity, body shape and their physical appearance. This is not therapy but instead it is inclusive, engaging, responsive and strength - based program for girls and guys, that aims to build positive self - esteem by understanding and dealing with their weight, body shape and their physical appearance.

Genders are separated for some session and together for others. This program creates a safe place to address and examine Cultural messages and personal beliefs that influence body images and ethnicity.

Themes emphasize: We are all equally and wonderfully created ;by raising awareness and exploring underlining causes of poor body image.

Topic covers: Our ethnicity and our physical body, health and nutrition awareness, managing our emotions and media.

Program runs for twelve (12) weeks.

The *Magnificence Me* workshops are very lively, challenging, and interactive. We use drama, games, media clips, small group activities, and many visuals in each session. Students are very quickly engaged.

Mirror Mirror

This program teaches several key sets of skills and attitudes that provide a strong foundation for achieving school and life success.

A reflection of who you are



Our program runs for 2 days per week for a total of twelve (12) weeks.

They use social-awareness and interpersonal skills to: In personal, school, and community contexts, recognize their emotions and demonstrating decision-making skills and responsible behavior values as well as their strength and limitations.

The "*Mirror, Mirror*" workshops are very lively, challenging, & active. They have many visuals in each session & the program is very interactive! We use drama, games, media clips, small group are quickly engaged in the games and activities of the program!

The "*Mirror Mirror*" program encourages the process whereby youth and young adults will learn the skills to manage their emotions and behavior to achieve their goals. They attain this by making ethical, constructive choices about personal and social behavior, and by forming positive relationships: working in teams, dealing effectively with conflict by generating ways to develop more positive attitudes and by recognizing the emotions and the situations that cause them to react and how they are linked to behavior.

Youth will gain skills that will encourage self-awareness and self-management development vital social and emotional competencies development to recognize factors that create stress or motivate successful performance. To also help identify & manage their emotions & behavior, By showing understanding and empathy for others, which will lead to positive school and life achievement & success!

Our Goal: "

Greater Attachment, Engagement, Commitment & Interaction to School"

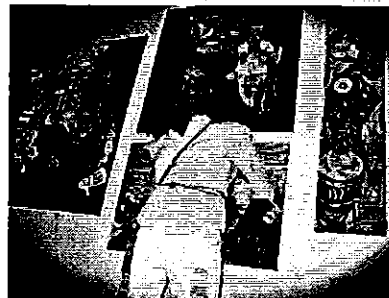
Themes will emphasize: Your value and uniqueness does not change by mistakes you make or who people say you are.

The Changing My World Program

The "Changing My World" program is a series of significant workshops specifically written for Grades 6, 7, 8 and intermediate program for high school. Youth reflects and understands the power behind their everyday choices, and the impact it has not only on their life but also on the world around them: How thoughts and emotions affect decision making and responsible behavior. The aim is to engage these students in quality programs that are strength based; encouraging youth to think about the kind of world they would like to live in. It aims to build positive self esteem by teaching them the skills to understanding and managing their emotion, challenges each person to take responsibility creating a brighter world and a brighter future for themselves. It just takes one person to make a difference and that person can be you! Our interactive group program can provide a non-threatening, immediate feedback environment where youth can raise issues that are concerning them and gain a sense of control over their world.

The curriculum runs for five 1-hour sessions for five consecutive (5) days, however, the material is very easy to break down and can be taught over smaller portions over a longer period of time, if necessary. The program is very interactive, with an environment that is set up for youth to engage powerfully with the material, maximize the value of participation and produce unprecedented result in a short time.

The Changing Your World workshops are very lively, challenging, & interactive. We use drama, games, media clips, small group activities, and many visuals in each session. All students are very quickly engaged in the program!



Restorative Practices Circles

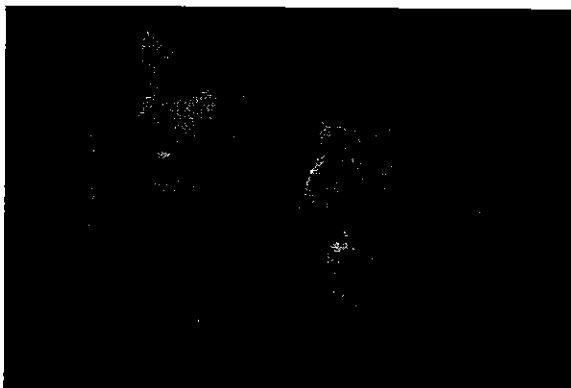
The program emphasizes the offender taking responsibility for his or her own actions, while promoting empathy for the victim reparation and prevention of future harm. Offers offender and offended ways to address - where possible - the damage done by offenders actions. Base on the principles of restorative Justice which to address the harm cause by crime which focus on the need and issues of the people affected.

Find answers to unanswered questions

Tell their stories and be certain the offender understands the impact of the crime.

Become better informed about the crime and the offender's level of accountability and remorse.

Receive support in dealing with emotions and anxiety associated with the crime.



Young Women In Action-Transformation through Education

This program prepares young women for economic independence. The TransformNation Team supports, encourages, counsels, accompanies, advocates, and is continuously researching funding and scholarships to assist candidates to commit to post secondary education and life skills. In addition to facilitating dialogue with participants about taking responsibility for their choices, attitude, and behavior, program services include the sharpening of their empathy, respect and neutral aid skills.

Our Goal: Transformation through Education. To demonstrate skills related to achieving personal and academic goals. To recognize personal qualities and external supports. To help them complete their Education.

Education is therefore promoted as the tool, the driving force behind anticipated change. This drop-in as need program runs all year round. Apply strategies to manage stress and to motivate successful performance. Generate ways to develop more positive attitudes towards education.

*changing lives ...
impacting generations*

[Home](#) | [About Us](#) | [Programs](#) | [Success Stories](#) | [Photo Gallery](#) | [Contact Us](#)

Acorn to Oak

16-1224 Dundas St.
E.
Mississauga, Ontario
L4Y 4A2
905-566-2875

Did You Know?

One in three students
drop out of High
School

Approximately 7806
youth in Ontario are
on probation or
community
supervision.

Connections have
been made between
adult inmates with
learning disabilities
and early court
involvement.

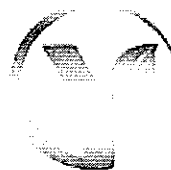
Total youth offences in
court - 30,768; 3,126
under the Youth
Offenders Act.

Our Vision

To restore, equip and transform young lives to achieve their full potential regardless of their circumstances.

Mission

- To develop unique programs that help young people reach their full potential.
- To establish and maintain an effective and efficient infrastructure and governance.
- To foster a strong network of volunteers and professionals committed to operating in the best interest of all stakeholders, demonstrating the spirit of excellence through all our programs and services.



[Home](#) | [Our Vision](#) | [Message from Dr. Pat Francis](#) | [Board of Directors](#) | [Restorative Justice](#) | [Mentorship](#)
[Clinical Counselling](#) | [Sports and Recreation](#) | [Photo Gallery](#) | [L.J.'s Story](#) | [Contact](#)

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REACHOUT COMMITTEE: Dedicated to the elimination of youth violence & the empowerment of youth & community.

- Posted by [SendMeYourNews](#) on January 10, 2010 at 9:00am
- [View Blog](#)

REACHOUT COMMITTEE INC is dedicated to the elimination of youth violence and the empowerment of youth and community. We promote youth and community empowerment through awareness, encouragement and communication. We provide educational, cultural and social services programs to support the positive development of youth and their families; and as an alternative to crime. The primary focus of REACHOUT is youth between the ages of 5 - 30 years old.

REACHOUT COMMITTEE INC is a community-based organization formed in 2001 in Mississauga in response to problems of conflicts and violence in the African Canadian community. Its membership includes 96 active members from the local community with youths from all cultural background primarily African-Canadian.

Since its inception, REACHOUT has served many youths by operating and managing several programs and projects. Utilized many trained volunteers from the community to support its activities. We have many adult professional and community members from sectors such law, social work, education, health care and community activists who are active participants and are involved in the programs and projects that REACHOUT undertakes.

This project aims to create a formal space for African Canadian youth to dialogue and problem solve about the challenges they face. The focus is on the significant growth of crime and high school dropout rate within the Black community. The Youth Forum and workshops will contribute to educating them on the risk factors that increase the propensity of black youth to become involve in criminal behavior. Most youth consider that they "have no hope for the future". This proposal will help to change that by creating a dialogue and educating them on the positive aspects of their lives.

While adults will work with the youth, the project will integrate youth engagement from development through to implementation and follow-up. This project is very important to the needs of the Black youth living in Peel because it will involve them in a democratic process, and include Black youth who have fewer opportunities. It will involve participation by parents as well as community experts. Participation of youth will be recruited through outreach to various community forums, educational campaigns in schools, community agencies, business and the community on a whole.

Finally, we believe that Black youth in Peel should receive attention as a particular constituency. Much of the programming focus and priorities have been given to Youth in the inner cities. While this is important, the youth population in Missississauga and Brampton is growing and they also face similar problems around violence, school drop-out and employment.

The goal of the project is to create a mechanism, in the form of a youth forum, where Black youth can come together in to discuss the issues and barriers that they are facing, strategize together on what needs to be done on their part, the community and institutions around them.

It will strengthen communication and foster black youth leadership. They will benefit because there will be a focus on education, focus on employment opportunity, focus on crime prevention and rehabilitation. This proposal will increase the engagement of black youth in the region. it will focus on providing a support base, and building networks and networking opportunities and resource base for black youth including among themselves, but also with institutions (like the police, education system) and other organizations and sectors. The aim is to outreach and bring together 300 youth. The planning group for the forum will include youth who are currently involved in the REACHOUT. Our aim is to convene the youth forum between fall 2009 to summer 2010.

We intend to engage the participation of representatives from police, education sector, and community organizations as resource people at the various forums which will be organized. This proposal when implemented will foster and promote positive relationship among youth and between youth and other sectors such as family community, police, educations system, etc. by proving a forum where they can address issues they face. There will be a series of 6 forums for the year and 24 workshops two per month will examine the attitude, resources and culture of African Canadian youth. We will recruit and facilitate 300-400 youth.

organizations as resource people at the various forums which will be organized. This proposal when implemented will foster and promote positive relationship among youth and between youth and other sectors such as family community, police, educations system, etc. by proving a forum where they can address issues they face. There will be a series of 6 forums for the year and 24 workshops two per month will examine the attitude, resources and culture of African Canadian youth. We will recruit and facilitate 300-400 youth per forum and 40-60 per workshop. The information from the forum and workshops will be disseminated to the black youth, advocacy groups, community leaders and stakeholders, schools, teachers and organizations

It will enhance the visibility of the organization; particularly to youth (outreach and public relations will be significant) by highlighting and showcasing the transformation of troubled youth. these youth will facilitating various workshops that will deliver understanding and knowledge of issues facing youth and provide the solutions. Other community organizations and agencies will be interacting and collaborating and delivering information with youth at the events. By exploring and discussing the factors that contribute to youth violence and working towards the solutions by broader reach in the Municipality of Peel and Toronto.

This letter comes to you seeking your generous contribution to the continued development of our youth. For events such as these we must rely on civic minded people such as yourself, to help raise the remaining income

through donations and fund-raising. All ROC correspondence will include sponsors names-encouraging patronage of these establishments.

We will recognize donations received from sponsors as follows.

Mention sponsors in all publicity and promotional events

Include sponsors logo on any promotional material.

Include sponsors logo on Reachout's website.

The community will be aware of the sponsor's commitment of care.

Your gift today will make it happen. Thanks in advance for your support. Please make all donations payable Reachout Committee Inc. We would like to thank you in advance for any contribution you can make. We look forward to hearing from you soon!

Head Office

Camilla Place

130 Dundas St. East, Suite 200

Mississauga Ontario L5A 3V8

Office tel. (289) 232.6407* (416) 571-9337 (24hr)

Reachout-committee@sympatico.ca

www.reachout.jimdo.com

Views: 70

Tags: [Reachout](#), [african](#), [black](#), [canada](#), [canadian](#), [obama](#), [violence](#), [wave](#), [youth](#)

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TheBlackList Pub

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Play explores teen angst

The Mississauga News
May 24, 2011

Mississauga Mandarin Association of Youth Empowerment (MMA YE) is presenting its first production, *Twelve and Beyond*, at John Fraser Secondary School on Saturday. The play follows the travails of three close friends as they experience the common stress of deciding their paths beyond high school. Join Rahul, his nerdy buddy, Oliver, and his spunky girlfriend, Lily, as they venture beyond Grade 12 and decide their future. Show time is 7 p.m.

Tickets cost \$3 for students, \$5 for adults. Visit www.mma99.com/

As part of Mississauga Mandarin Association, MMA YE is a new program for youth aged 13-24. Providing fun activities and useful seminars for youth in Mississauga and nearby areas, its goal is to train young people to become successful leaders in their community.



Twelve and Beyond. The Mississauga Mandarin Association of Youth Empowerment (MMA YE) presents the play, *Twelve and Beyond*, at John Fraser Secondary School on Saturday. Showtime is 7 p.m. Staff photo by Rob Beintema

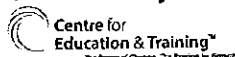


Youth Ambassadors Helping Charities will enhance the employability skills of 16 youth between the ages of 16-30 by building their self-sufficiency and encouraging youth in Peel to contribute to the local charities in areas of their own interest. This program is coordinated by the Centre for Education & Training and funded by Service Canada. This project will provide the supports, life skills coaching, education, employability skills, understanding of the workplace, and some specific business-related skills that will enable youth to effectively obtain and retain jobs. These activities will take place in the classroom setting through a variety of learning methods, assignments, projects and guest speakers. In addition, youth will receive one-on-one coaching sessions to create action plans to fulfill goals that they have set out for their involvement in the program in relation to education, employment and personal growth. Youth participants will take part in classroom instruction as well as a volunteer placement component to build their skills while engaging in the community. Local agencies will benefit from having a committed, skilled and supported volunteer to assist with the organization of special events, outreach activities and other related volunteer activities. Project participants are required to complete a placement of **3 days a week (total of 18 hours) for 23 weeks beginning at the end of October.**

Participants will receive a stipend of \$10.25/hr for 30 hours per week; a total of \$1230 per month before taxes. The program is outlined in such a way that participants will spend the first two weeks in class learning pre-employment and life skills, as well as placement preparation. Participants will begin the placement portion of the program on October 25, where they will be matched with a non-profit organization so that they can gain work experience. From October 25th onwards, participants will be in class Monday and Friday and on placement Tuesday, Wednesday, and Thursday, unless otherwise arranged with the placement coordinator.

The program will conclude with a Community Agency Fair planned and promoted by the program participants to promote the agencies they have been completing their placements at. Upon successful completion of the program in March 2011, participants will be granted a bonus of \$500 for their dedication and follow through of the program.

Coordinated by



Funded by

This project is funded in part
by the Government of Canada's
Youth Employment Strategy.

Canada



Dear Community Partner,

We are contacting you to let you know about an exciting new youth project being coordinated by Centre for Education and funded by Service Canada, **Youth Ambassadors Helping Charities**. We would like to ask for your support in providing a placement opportunity for a youth taking part in this program.

Youth Ambassadors Helping Charities will enhance the employability skills of **16 youth** between the ages of **16-30** by building their self-sufficiency and encouraging youth in Peel to contribute to the local charities in areas of their own interest. This project will provide the supports, life skills coaching, education, employability skills, understanding of the workplace, and some specific business-related skills that will enable youth to effectively obtain and retain jobs. Youth participants will take part in classroom instruction as well as a volunteer placement component to build their skills while engaging in the community. Your agency will benefit from having a committed and skilled volunteer to assist with the organization of special events, outreach activities and other related volunteer activities. Project participants are required to complete a placement of **3 days a week (total of 18 hours) for 23 weeks beginning at the end of October**.

We would like to invite you to take part in our "Volunteer Speed Matching" Luncheon, in partnership with Volunteer MBC, in which youth program participants will have the opportunity to meet with a variety of charitable organizations in a creative way to find a match that works for both the youth and the agency.

Volunteer MBC is a **volunteer centre** which fosters and develops volunteerism in the Region of Peel, serving the cities of Mississauga and Brampton, and the Town of Caledon, by raising awareness of the power of service. The event will include a presentation by Adriane Beaudry, Volunteer MBC's program manager.

This event will be an opportunity for great networking as well as an opportunity to find a match for your volunteer program.

Volunteer Speed Matching Luncheon

October 19th, 2010

2:00-4:00PM

Centre for Education & Training

2 Robert Speck Parkway, Suite 120

First Floor

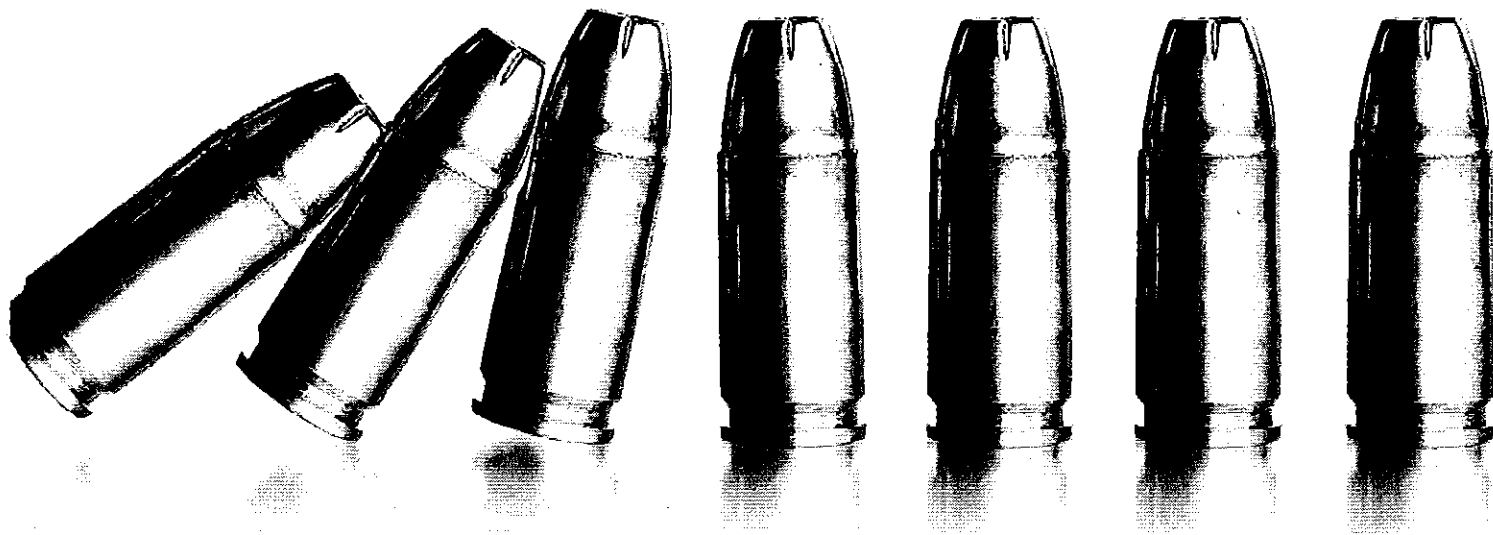
Sincerely,

Jillian Ferris
Participant Placement Specialist
Youth Ambassadors Helping Charities
Centre for Education & Training
905-949-0049 x.2414
jferris@tcet.com

Coordinated by

This project is funded in part
by the Government of Canada's
FU Youth Employment Strategy.

Canada



How do you stop a bullet without even touching it?

By making sure you never have to.

There's no such thing as a small crime.
Especially when it's happening in your own backyard.
And since criminal activity has a tendency to escalate,
preventative measures are crucial to ensure your safety
and well being.

Join us at the 2011 Crime Prevention Conference
to discover how you can put a stop to crime in
your city before it starts.

Visit www.safecitymississauga.on.ca to
register or learn more.

2011 CRIME PREVENTION CONFERENCE

WHERE: University Of Toronto, Mississauga
NEW Instructional Centre
3359 Mississauga Road North L5L 1C6

DATE: Friday, November 4th, 2011

TIME: 8:30am - 3:30pm

TICKET INFO:
Early Bird Price
August 15 – September 15: \$100
Regular Ticket Price - \$125

*Price includes parking + HST

PRESENTED BY:

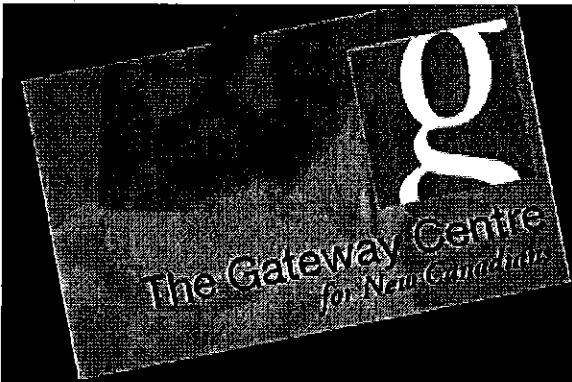


FOUNDING PARTNER &
AWARDS SPONSOR BY:



Bell





SEARCH GATEWAY

GCNC ITRACKS YOUTH PROGRAMS ADULT PROGRAMS SOCIAL PURPOSE ENTERPRISE EVENTS HOW TO REACH US

PROGRAMS

Youth Succeeding Through The Transition

Gateway Centre for New Canadians wants to provide a safe and welcoming environment to enrich and enable your children to succeed in the areas of Academics, Athletics, Arts and Attitude.

Many of our programs are FREE for new immigrant families. Look through our program offering to see what would benefit your family the most.

Currently, our programs are designed for youth from Grades 5 to 12.

Gateway After School Drop-In

Our After School Drop-In Program is designed to help the youth succeed academically. Also, we want to promote an active and healthy lifestyle in your children.

Times: 3:30pm - 6:00pm
Days: Mondays to Fridays

Homework Help

If your children need a little extra help with their school work they can use our homework help resources. We have homework help staff and a computer lab where work can be completed.

Times: 3:30pm - 6:00pm
Days: Mondays to Fridays

"A journey of a thousand miles begins with a single step."

--Lao Tzu

YOUTH PROGRAMS

- Student Co-op Program
Children and Youth After School Program
Youth Succeeding Through: The Transition
Recreation and Enrichment Programs
Youth Community Building and Equipping Programs
I Rock With The One Program Fees



SEARCH GATEWAY

GCNC ITRACKS YOUTH PROGRAMS ADULT PROGRAMS SOCIAL PURPOSE ENTERPRISE EVENTS HOW TO REACH US

PROGRAMS

Youth Community Building and Equipping Programs

Our Canada Youth Events

Gateway wants to invest in the lives of young people and our community.

We host monthly community building events from concerts, dinners, talent shows, sports events and dances that provide a safe and positive place for communities to be built.

Youth Mentorship Sessions

Gateway is offering workshops for youth where we tackle youth-related issues such as: bullying, goal settings, character development, dating issues, study habits, and more. Contact us for our workshop schedule.

Youth Employment # 9

Our focus is to better equip youth to find part-time or summer employment. A series of job search workshops will be offered.

Chinese Community Gym Night # 1

Friday nights are fun nights for Chinese youth and their families. Join us for an evening of basketball, badminton, volleyball, or ping-pong. Most Fridays, from 6:00pm to 8:00pm

Youth Volunteers # 9

Gateway is a great place for youth to invest in their communities. We provide youth volunteer opportunities with us. Volunteer regularly or for special events.

"Coming together is a beginning. Keeping together is progress. Working together is success."

--Henry Ford

YOUTH PROGRAMS

- Student Co-op Program
- Children and Youth After School Program
- Youth Succeeding Through The Transition
- Recreation and Enrichment Programs
- Youth Community Building and Equipping Programs
- Rock With The One
- Program Fees

YOUTH EMPOWERMENT SEMINAR

8-14

YES

RESTRICTED TO
AGES 13 TO 18 YRS ONLY

FOCUS

CONFIDENCE

ENERGY

LEADERSHIP

CREATIVITY

AUG 17-21

WEEKDAYS 6.30 PM 9.30 PM

WEEKEND 11.30 AM 3.30 PM

Fee \$ 150

ART OF LIVING

5715 COOPERS AVE UNIT # 11

MISSISSAUGA ON L4Z 2C7

"An awesome experience...It taught me to enjoy the simple things of life and be happy, come what may."

YES is a **fun** and challenging life-skills and leadership program that provides youth with practical knowledge and effective **tools** to reduce stress, **manage** emotions, and develop social and leadership skills

The course also helps teens to talk about problems that they face – whether it is **relationships**, substance abuse or **peer pressure**. The stress-elimination techniques taught in the YES! course help young adults to deal with these challenges

YES! is unique as it is not based on quick-fix **solutions**, theoretical concepts, or superficial **success** formulas rather, it teaches practical **tools** that can immediately be put to use for direct and tangible results.

Also offered at selective Toronto School

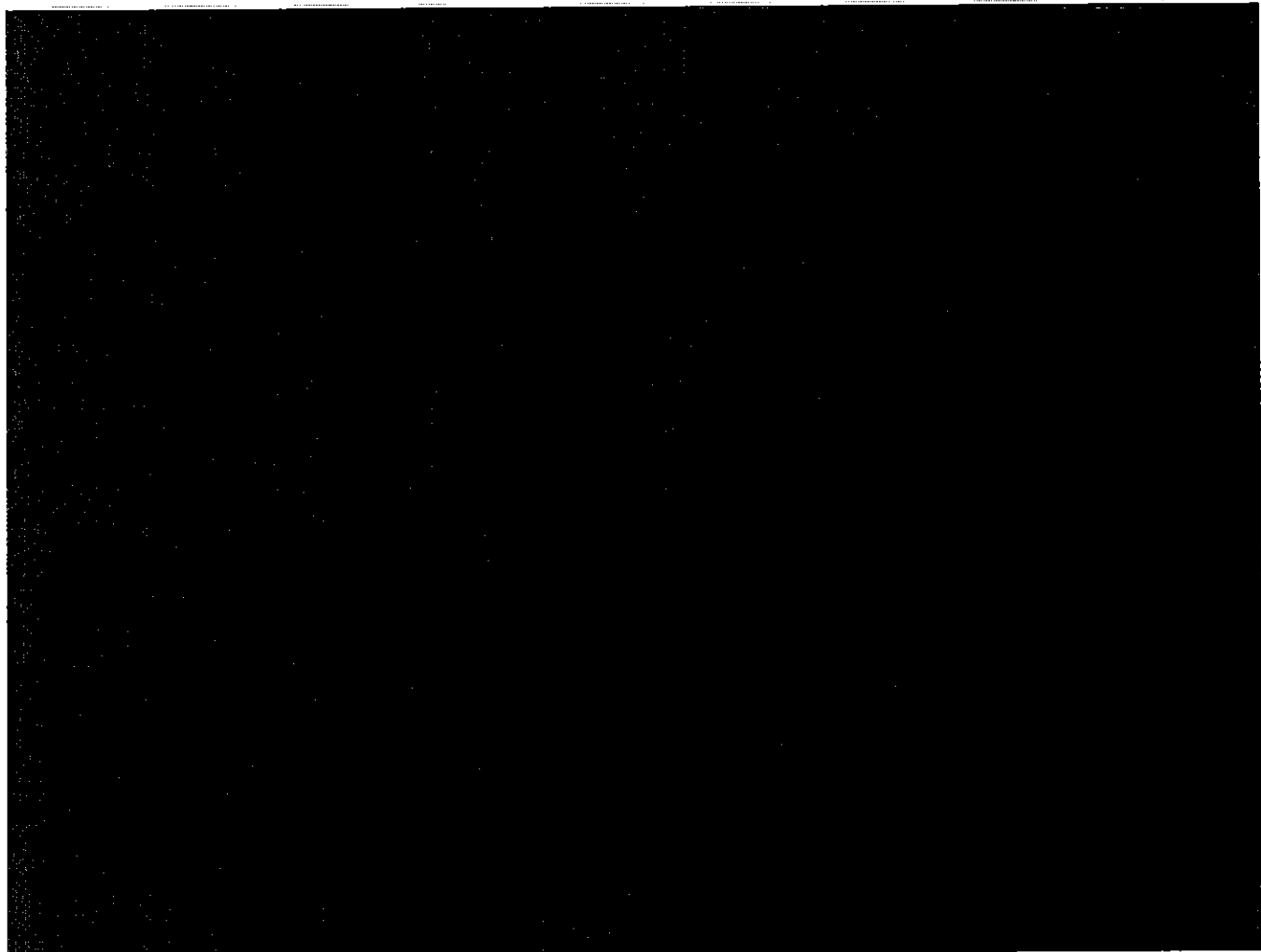
LIMITED SPACE! TO REGISTER CALL 905-755-9642(YOGA)



Youth Academies - Crossroads & YES

The Youth Academies are an eight week, award winning programs designed to help young adults make positive life choices. The programs are co-ordinated by Safe City Mississauga and the Brampton Safe City association, through local high schools. Topics include personal safety, positive relationships, drug awareness and cyber-proofing. Upon completion, students receive a certificate and are credited with their community service component of the school curriculum.

The Crossroads program is the recipient of the 2005 International Society of Crime Prevention Practitioners, "Community Based Program of the Year." For more information, click on the logo.





The Ontario Centre of Excellence for Child and Youth Mental Health
presents

THE ART OF YOUTH ENGAGEMENT

December 5th & 6th, 2011
Living Arts Centre, Mississauga

THE ART OF YOUTH ENGAGEMENT

You Are Invited.

Because you are connected to Nexus and want to help create great programs for youth, you are invited to this workshop. Your contribution is needed.

We invite you to join us in creating a plan of action for engaging youth within Nexus Youth Services and the community at large.

Experts are coming from across Ontario to share the latest research and experience with youth engagement in the children and youth mental health field. Join us.

Sincerely,

Karen Anslow, Supervisor, Nexus Youth Services &
Nancy Pereira, Youth Engagement Coordinator, Nexus Youth Services



Workshop Facilitators.

Cathy Dyer, Youth Engagement Consultant for the Ontario Centre of Excellence for Child and Youth Mental Health

Peter Gindl, Youth Advisory member, Youth Services Bureau of Ottawa

Brenda Allard, Youth Advisories Program Leader,
Youth Services Bureau of Ottawa



Register Now.

When: December 5th, 9:00 AM- 4:00 PM; December 6th, 9:00 AM – 2:00 PM.
Where: Living Arts Centre, Mississauga

We recommend EVERYONE who attends view our video:

<http://www.excellenceforchildandandyouth.ca/about-learning-organizations/discover-whats-working/education-and-training/youth-engagement-training>

To register go to:

<http://www.surveymonkey.com/s/nexusyouthengagement>

Or contact Nancy Pereira at (905) 795-3500, npereira@peelcc.org for more information.

As a thank you, youth who register in advance and attend the training will receive volunteer service hours and a \$50 gift certificate to Square One Shopping Centre!



This training is an initiative of
The Ontario Centre of Excellence for Child and Youth Mental Health

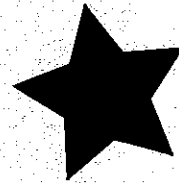
Funding support for the training also provided by **The Ontario Trillium Foundation**
and **PricewaterhouseCoopers**





**drew
hildebrand
benefit
fund**

DREW HILDEBRAND
**"It takes courage
to change"**
SCHOLARSHIPS



*...recognizing
and rewarding
graduating
teens who have
demonstrated
positive change
and turnaround
initiative.*



**In memory of Drew who
died on April 8, 2008 at
the age of 16. Drew's
scholarships will encourage
and reward turnaround
teens so they can pursue
a better life.**

For graduating high school students
in Peel, Halton, GTA and surrounding areas.

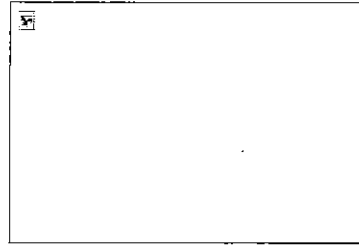
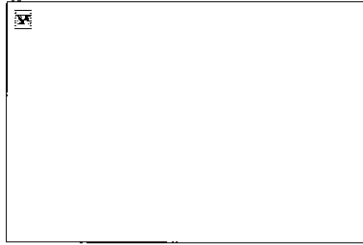
**For application packages, go to
www.drewhildebrandtbf.com**

**Application
deadline**

**is
March 30, 2011**

Scholarships awarded at the
Drew Hildebrand 5K Walk the Walk
on Sunday June 5, 2011.

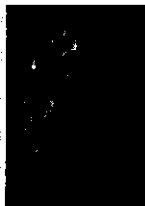




The Drew Hildebrand Teen Benefit Fund has been established in memory of Drew Hildebrand, who died on April 8, 2008 as a victim of teen violence at the age of 16. Drew was loving, caring, compassionate and funny, and had the rare ability to raise smiles and brighten hearts wherever he went. He touched many people's lives and continues to be a positive influence with all.



*Get Involved!
Join Drew's Crew*



MISSION STATEMENT
The mission of the Drew Hildebrand Teen Benefit Fund is to support teens who are navigating the many pressures and dangers of violence, drugs, alcohol, among others. Through our Scholarship and Support Programs, and by raising awareness and concern among teens and within our communities, more teens will have a safer and better journey to adulthood.



In Drew's memory, we can make a difference in the lives of at-risk teens.

Drew Hildebrand "It Takes Courage to Change" Scholarships

The Drew Hildebrand Teen Benefit Fund will recognize and reward positive change through individual scholarships for post secondary education and/or training programs. Scholarships will be awarded to graduating teens who have demonstrated turnaround initiative.

At the charity's June 2011 Walk/Run, 10 deserving participants from Peel, Halton & GTA regions received Drew Hildebrand "It Take Courage To Change" Scholarships to the postsecondary school of their choice.

Drew's fund goal is to expand the number of Drew's "It Takes Courage To Change" Scholarships to more high schools in the Peel, Halton, Greater Toronto, Wentworth & Niagara areas so that as many at-risk teens as possible can pursue a better life.

Support Program for the Gift of Music & The Arts for Teens At-Risk & In Financial Need

DHTBF's newly developed support program provides the gift of music & the arts to teens at-risk and in financial need. The unfortunate reality is that 1 in 3 Canadian families are unable to provide for their children. With this life changing opportunity and a new direction in learning, hope, mentoring, immediate joy, pride, self confidence, creativity, self esteem and proving a sense of accomplishment. All motivators which help steer at-risk teens away from risky behaviours. Our youth will gain valuable skills that can be applied to their post secondary education and future goals.

Target Age: 13-18, Start Date: Fall 2011, Individual Lessons (and or Group Workshops, after school hours. Application form for applying coming soon.

Drew had a love for music and enjoyed art. His spirit will continue in others.

Raising awareness against teen violence

More action and concern is needed to end teen violence, and we hope Drew's fund will raise awareness and action in our communities.



Somali LIT graduation

Who We Are

Program is a youth basketball and life skills development organization targeting young men and women that do not have the necessary resources or knowledge to advance in the sport of basketball. Professional coaches, athletes and social workers will collectively provide young basketball players with an opportunity to partake in an 8-day program over a 30-day period operate the program. These professionals are dedicated to developing young athletes physically and mentally. The members of the staff are very much aware of the ease with which talented athletes can be overlooked by scouting agencies. Consequently, they are committed to helping the athletes improve on their weaker skill areas and therefore demand the interest of coaches world-wide. Frankly, we are an organization with a developed network that is able to connect young talent to renowned talent scouts.

Purpose of the Program

We are very much aware that there are a lot of young men and women in Canada that are skilled basketball players who simply need an avenue to display their talent. *Program* intends to provide this opportunity by enabling youths in the local communities to acquire elite training and experience under the direction of professional athletes and coaches. In line with the mission of the program, these professionals vow to place themselves at the disposal of these young athletes in order to motivate them to engage in constructive physical activities. We recognize that it is very easy for youths with immense talent to get overlooked due to their being a lack of opportunity for them to display their skills on the court in front of the right people. *Program* intends to contribute towards increasing the opportunities available for talented young basketball players to become professionals, whether in basketball or other career fields. Furthermore, we of *Program* firmly believe in the philosophy that negative forces find work for idle hands to do. Consequently, *Program* aims to let basketball occupy the time of these young athletes in order to dramatically lessen the chances of these same youths engaging in criminal acts. The local communities stand to benefit from such an effort, but more importantly, these often overlooked youths will be placed in positions where they will be able to yield rewarding futures.

Intention

The main goal of many of the youth that will be joining our basketball camp will be to become professional basketball players. However, we intend to educate our pupils about the many scholarships that are available to talented athletes and stress that the National Basketball Association (NBA) or the Women's National Basketball Association (WNBA) is not their only option as it pertains to their future careers. We plan on demonstrating just why it would be wise to take advantage of these scholarships; that is, pointing out that the scholarships not only offer the players an ability to play basketball in

partnership w/ Omar Lord
 ↳ 12 participants attended
 ↳ 2x / week, July 19 - Aug 11, 2011
 ↳ malton CC

recognizable leagues, but more importantly, the scholarships grant them free university/college education. Subsequently, we will help our pupils realize the value behind receiving free post-secondary education. Additionally, *Program* will enlighten our youth about the opportunity to play professional basketball overseas and receive allowances and all-inclusive accommodations while doing so.

Since we recognize the importance of athletes (and everyone else for that matter) undertaking proper diets, educating our students about the right type of foods they should be eating will indeed be apart of our agenda. We will not just dictate to the students what they should eat and drink we will actually provide legitimate reasons for our recommendations. Furthermore, we will provide the evidence of our research if needs be.

How We Benefit the Youth

Besides lessening the chances of talented basketball players getting overlooked, *Program* will motivate young people to begin, if they have not already started, thinking seriously about the career path they would like to undertake in the future. First and foremost, we allow recognizable talent to shine more brightly through our providing for our pupils a wide network of professional athletes, coaches and talent scouts with influence world-wide. We plan on utilizing a production crew for airing live feeds of the training camp while it is in session. This way, talent scouts and coaches world-wide will be able to save on air fare expenses and simply analyze the talent from the comfort of their own homes. The live feeds will be available on www.ustream.com and www.thetruebrary.com.

In addition to the live feeds, there will be game tapes/DVDs made with full coverage of the inner workings of the basketball camp. Each student will be given a copy of these game tapes. We imagine that players will use these DVDs to scrutinize their performance while at the camp and will then be able to make improvements as they see fit. Moreover, the elite player at the camp will have an online profile made for him/her that will detail his or her personal and academic information. Talent scouts and coaches will therefore be able to conduct a full analysis of players that stand out in their minds before contacting that player in question. In collaboration with these online profiles, there will be photo shoots available to everyone at the camp so that there will be a face to go with the players' descriptions.

The most obvious way in which we benefit the youth will be by providing all our services for free. Our 8-day program will offer our players resources that would usually cost over \$1000 if paid for independently by each athlete. The potential basketball stars will only have to worry about finding basketball shoes to play in at this point. We plan on providing the following for each trainee:

- Free passes to enter the camp

- Basketball shorts
- Two basketball shirts
- Bus tickets for those that need them
- Water
- Drinks under the D'Angelo brand

A more outlandish way we plan on benefiting our pupils is by helping to establish a support system for each and every player. We will go out of our way to encourage family members and friends to support the player by showing up for some of their games and/or training sessions. Also, we will attempt to motivate these individuals that make up the players' support system to provide means of transportation to and from the training camps for the players.

Significance of the Final Product of the Program

Ultimately, what truly makes *Program* valuable is our enabling players to improve on their skills by watching themselves in action via the game tapes. Players will also be able to learn new skills from the professional coaches that will train them and oversee their development. Thus, upon completion of the basketball program, our players will be one step closer towards receiving basketball scholarships and recognition from influential parties in the global basketball community.

Resources We Have

Currently, the resources we possess are as follows:

- Professional Coaches and Athletes
- Talent Scouts and Sports Agents
- Game Tapes/DVDs
- Online Profile for each player
- Web developer
- Production Crew
- Photographers
- D'Angelo Brand as a Sponsor
- University Students on Staff
- Live Coverage of Training Sessions
- Distributors of Documentary/DVD
- Athletic Wear Suppliers

Staff

Basketball Coaches

Tut Roach

Conditioning Coach

Julius Letts

Drill Assistants	Taqiy Cruise Joshua Hoyes
Human Resource Manager	Shawn Neil
Camera Men	Shane Gentles Donny Moreland
Photographer	Nathan
Webmaster	Shane Gentles
Post Production	Shane Gentles
Program Reporter	Jolie
Program Manager	Omar Lord

Wages/Salary

Hourly Wage for Coaches: \$25 - \$30

Hourly Wage for Drill Assistance: \$15

Hourly Wage for Human Resource Manager: \$15

Hourly Wage for Camera Men: \$20 - \$22

Hourly Wage for Photographer: \$12.50 plus bonus

Flat Rate for Webmaster: \$800 - \$1000

Flat Rate for Post Production Personnel: \$500

Hourly Wage for Program Reporter: \$12.50

Hourly Wage for Program Manager: \$20 - \$22

Additional Requirements

Things we currently need include:

- 51 T-shirts (\$306)
- 51 Ball Shorts (\$550)

Positive Youth Development

From Paper to Practice

Hosted in partnership with:



Wednesday, November 17, 2010

8:30 am Registration, 9:00 am - 4:30 pm
(lunch and resource materials included)

City of Mississauga, Burnhamthorpe Community Centre
1500 Guelleden Drive, Mississauga, ON



Positive Youth Development (PYD) is an approach that sees communities and agencies supporting youth as they develop socially, emotionally, ethically, physically and cognitively. During this day-long workshop, join colleagues and other youth development workers as you:

- learn to better understand the needs of youth;
- learn about adolescent brain development, and how it can influence program planning;
- apply the process, principles and practice of Positive Youth Development;
- hear about the 5 Cs, what they are and why youth need them;
- connect how healthy eating strategies can engage youth in positive programming;
- learn how the Intentional Youth Development resource is going online in the future; and
- benefit from becoming part of a network of those who support those aged 13 – 19 years.

In addition to learning about the 'theory' of PYD, in this session you will be introduced to a series of exercises and activities designed to move your PYD approach from 'paper theory' to the practical application. A workbook will help you process the information, which you can then share with others with whom you work and/or who support your youth programs.

Come prepared to listen, discuss, share and learn in this interactive training event. You will return to your agency or department armed with tools, resources and research designed to help your services be responsive and supportive with and for youth.

ABOUT THE PRESENTER...

This workshop is being presented in different parts of Ontario by facilitators who are known for their expertise in working with and supporting youth. They bring real-life experiences to each session which helps create an environment for self-reflection and sharing. These individuals understand the challenges of explaining the complexities of youth development and youth work to funders, decision makers, and community representatives and they are passionate about helping you build and/or reinforce a Positive Youth Development approach in your work environment and your community!

Positive Youth Development

From Paper to Practice

Hosted in partnership with:



Wednesday, November 17, 2010
8:30 am Registration, 9:00 am - 4:30 pm
(lunch and resource materials included)



City of Mississauga, Burnhamthorpe Community Centre
1500 Gulleden Drive, Mississauga, ON

**Deadline for
Registration:**

November 11, 2010

Send your registration to:

Parks and Recreation Ontario
1 Concorde Gate
Suite 302
Toronto, ON M3C 3N6
Tel: 416-426-7142
Fax: 416-426-7371
Email: pro@prontario.org

Additional forms can
be downloaded from
the PRO website
at www.prontario.org

To reserve your space you must
include a credit card number unless a
cheque accompanies your registration
form. A cancellation fee of 50% will be
applied to cancellations made before
November 11, 2010.

Cancellations made after November 11,
2010 are non-refundable. All requests
for cancellations must be submitted in
writing.

REGISTRATION FORM

Name _____ Gender M F

Position _____

Municipality/Organization _____

Address _____

City _____ Postal Code _____

Tel _____ Fax _____

Email _____

I would like to register for:

(Includes lunch and resource materials)

Full Day \$59.00 plus HST = \$66.67 per person

Full Day Group Rate \$49.00 plus HST = \$55.37 per person

3 or more registering from the same organization

You must fill out 1 registration form for each person and send all 3 registrations at the same time.

Do you have any special needs? YES NO

If YES, please specify: _____

Please check if you do not wish to receive further notices about professional education and development events and/or information circulars on new resources.

METHOD OF PAYMENT

Payment Address: Same as above (if not please fill out the required fields below)

Address: _____

City: _____ Province: _____ Postal Code: _____

Cheque Enclosed (payable to Parks and Recreation Ontario)

Visa MC Card # _____ Expres _____ / _____

Cardholder Name: _____

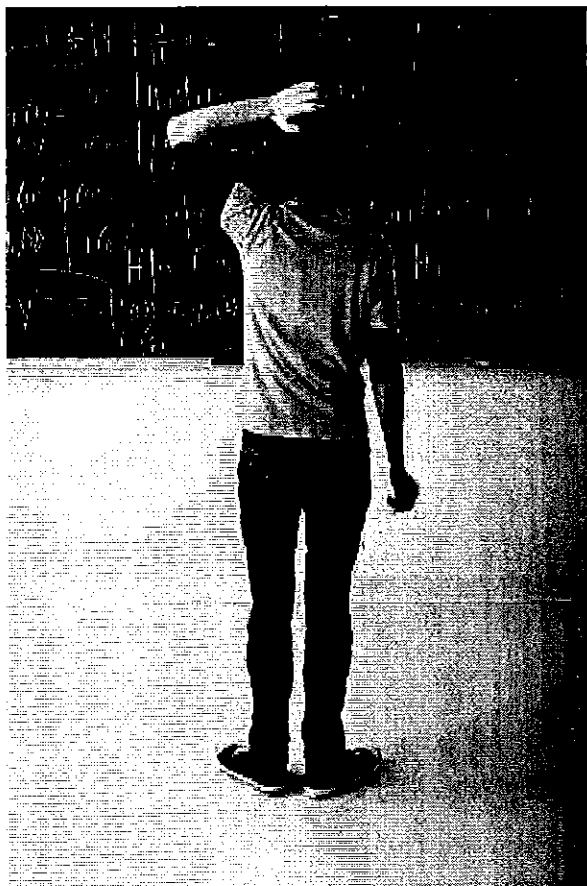
Signature: _____

31 participants



Workshop: Adolescent Brain Development

October 24, 2008 • Mississauga



Working with youth and creating programs with and for adolescents presents exciting possibilities and invigorating challenges. Sometimes you may just not know where to start... To better meet the needs and expectations of today's youth, Garfield Gini-Newman will take you into the adolescent brain, providing recent research on how it develops and works, and the implications it has on working with youth. You will learn why and how youth think and act as they do and what can trigger them to action or inaction. This session also covers how you can help youth develop critical and thoughtful decision-making skills in ways that are powerful and relevant to teens.

Workshop Details:

Date:	October 24, 2008
Time:	9:00 a.m. - 4:00 p.m.
Location:	Burnhamthorpe Community Centre Fleetwood Village Room 1500 Gulleden Dr, Mississauga
Registration Deadline:	October 14, 2008

About the Presenter:

Garfield Gini-Newman is a social studies lecturer at OISE/University of Toronto and a senior national consultant with The Critical Thinking Consortium. Formerly, he was a curriculum consultant with the York Region District School Board and a classroom educator for 15 years, teaching a range of subjects including: History, Philosophy, Politics, and English. Garfield has spoken across Canada and internationally on critical thinking, brain compatible classrooms, curriculum design, and effective assessment practice. Garfield has also authored seven textbooks and has taught in the faculties of education at York University and the University of British Columbia. While Garfield is an academic, his presentation style is witty and humorous and he brings a keen insight into understanding the adolescent brain.



26 attended.

This workshop will benefit anyone who directly provide programs with and for youth (e.g. Recreationists, health promoters, teachers, coaches) , those who manage or advocate for youth programs, and/or those who are parents of teens or pre-teens.

Adolescent Brain Development Workshop



Friday, October 24, 2008 • 9:00 am - 4:00 pm
Registration: 8:30 am (lunch included)
Burnhamthorpe, MISSISSAUGA
1500 Gulleden Dr., Fleetwood Village Room

Oct. 14, 2008

Registration Form

Name _____ Gender M F

Position _____

Municipality/Organization _____

Address _____

City _____ Postal Code _____

Tel _____ Fax _____

Email _____

_____ 1 day PRO Members: \$119.00 plus GST = \$124.95 per person \$ _____

_____ 1 day Non-Members: \$149.00 plus GST = \$156.45 per person \$ _____

_____ 1 day Group Rate* PRO Members: \$99.00 plus GST = \$103.95 per person \$ _____

_____ 1 day Group Rate* Non-Members: \$129.00 plus GST = \$135.45 per person \$ _____

*Group Rate: 5 or more registering from the same organization. Registration forms must be submitted together.

Do you have any dietary restrictions or special needs? _____ YES _____ NO

If YES, please specify: _____

Please check if you do not wish to receive further notices about professional education and development events and/or information circulars on new resources.

Method of Payment

Payment Address: Same as above (if not please fill out the required fields below)

Address: _____

City: _____ Province: _____ Postal Code: _____

Cheque Enclosed (payable to Parks and Recreation Ontario)

Visa MC Card # _____ Expires ____/____

Cardholder Name: _____

Signature: _____

To reserve your space, you must include a credit card number unless a cheque accompanies your registration form. A cancellation fee of 50% will be applied to cancellations made between October 8 - 14, 2008. Cancellations made after October 14, 2008 are non-refundable. All requests for cancellations must be submitted in writing.



Peel Environmental Youth Alliance

Youth across the region uniting on environmental issues

GO

- HOME PAGE
- GET INVOLVED
- MEETINGS
- EYAP SYMPOSIUM
- ECOBUZZ
- CAMPAIGNS
- EXEC COUNCIL
- PAC MEMBERS
- CLUBS CORNER
- RESOURCES
- FACEBOOK PAGE
- CONTACT US



Latest News: Sign up for EcoBuzz today!

Come see Dr. David Suzuki at this year's EcoBuzz!
[Teacher Registration](#) | [Workshop Selection](#) | [Exhibitors](#) | [Sponsors](#) | [Schedule](#) | [Location](#)



The Peel Environmental Youth Alliance (PEYA) is holding the ninth annual EcoBuzz Conference for middle and secondary school students at the new David Suzuki Secondary School in Brampton on Thursday, November 17, 2011! Every year, Peel schools come together at EcoBuzz to get inspired to take action for the rest of the school year. When you commit to campaigns at EcoBuzz, you can receive support from the PEYA network throughout the school year whenever you need it. Registration is now open until Thursday October 20, 2011 for teachers. Each school is allowed to bring a maximum of ten participants and up to 2 teachers. Students must be accompanied by a teacher.

Teachers: To register now, click [here](#).

Students and Teachers: To register for your workshops now, click [here](#)

What is EcoBuzz?

The EcoBuzz Conference provides a fun venue for Peel middle and secondary school students and teachers to explore environmental issues concerning youth by using alternative forms of media, and inspires student action projects with peer support.

The EcoBuzz Conference features:

- David Suzuki as a conference speaker!
- Workshops led by professionals in the environmental community
- Displays by local environmental groups
- PEYA's energy program, *Kill Your Bill*, launch
- Free lunch made from local ingredients

Conference Vibe and Workshops

This year, the conference theme is the new David Suzuki Secondary School's motto: "Be the change that you want to see". As such, this year's EcoBuzz Conference is now more than ever about empowering students to take action. We are inviting school teams who are committed to taking on environmental campaigns at EcoBuzz to guide them through the school year with PEYA support. All workshops will be hands-on and action-oriented. Organizations that will be running these workshops include Sierra Youth Coalition, Tutored by Nature, Credit Valley Conservation, and Ontario Nature. Some themes include: endangered species, water quality and water testing, sustainability, waste reduction, environmental careers, and outdoor art!

For the full list of workshops, click [here](#).

Cost

As always, EcoBuzz is FREE! On the online registration form, you may indicate a need for travel assistance. We may be able to provide subsidies or help organize a buspool.

Please discuss this fun and educational opportunity with other members of the faculty, announce it to students, and consider sending some representatives from your school.

We look forward to sharing this fun day with you!

Click [here](#) to see what happened at last year's EcoBuzz!

For more information, please contact:
Darius Chla, Peel Environmental Youth Alliance Coordinator, EcoSource
905.274.6222 or info@peyalliance.com

Mission Statement

The Peel Environmental Youth Alliance (PEYA) is a network of action-oriented students in Peel Region concerned about environmental issues and determined to make positive change.

Newsletter

Enter your email below to sign up for our E-Bulletin

Email:

Name:

School:

Member Login

If you are not already a member, create your profile here!

username:

password:

[Forget your password!](#)

[About Us](#) | [Sign Up](#) | [Site Map](#) | [Contact](#)

PEYA - Peel Environmental Youth Alliance. © 2011. [Terms of Use](#)

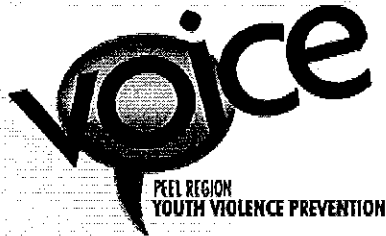
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PEEL
YOUTH VIOLENCE PREVENTION

Call
905 791-7800

[Home](#) [Who We Are](#) [What is Violence?](#) [Get Help](#) [Get Involved](#) [Tell a Friend](#) [Your Voice](#)



FAMILIES & EDUCATION WORKING GROUP

Diane Myers, The Family Education Centre - Working Group Chair
Anne Burke-Gauthier, Community member - Working Group Co-Chair
Beverly Davis, Community member -- Working Group Co-Chair

This Working Group:

- advocates for funding to run the Middle Years Parent and Youth Program, which offers sessions on communication, conflict resolution, character development and other topics that aim to improve relationships between parents/caregivers and their children.
- builds the capacity for families to work with community stakeholders to create and support a self-sustaining, safe community.

[HOME](#) [WHO WE ARE](#) [WHAT IS VIOLENCE?](#) [GET HELP](#) [GET INVOLVED](#) [TELL A FRIEND](#) [YOUR VOICE](#)

[PARENTS](#) [PARTNERS](#) [CHARTER](#)



GO GAGG



Program Benefits:

Benefits to Youth

One crucial aspect of our program is its implementation of peer mentoring. With this close proximity in age between the mentees and their mentors, the match can have a significant effect as the mentee is more likely to confide in, and accept advice from their peer. With a positive youth role model, children learn to feel better about themselves and so become more productive members of their community.

Benefits to the Parents

With many of the youth at risk being from single parent families the pressures related to raising families, especially when that parent has to work two or three jobs, we want to reduce stress.

Benefits to the Volunteers

Volunteers will gain valuable insights and knowledge. The positive value of community involvement will enable volunteers to make a strong impact on society at large. Volunteers are encouraged to join CACD mentoring and leadership initiatives. They will develop increased social skills and gain valuable experience necessary for career choices and employment opportunities.

Fundamentals

Purpose

This program is geared to communities with high populations of children and youth ages 8 to 15 and where these children/youth are exposed to negative role models and who are seems to be caught between positive and negative influences. It is our intent to promote healthy growth, the development of better attitudes and behaviour, and to provide social supports for these children/youth through active mentoring, role modeling and reinforcement.

Principles

- Provision of effective tools that allows for the development of their potential;
- Children/Youth have the power and potential to make valuable contributions in their communities;
- Increased professional networking and access to inside information;
- The ability to seek out and create opportunities for self-development.

Goals

- To provide meaningful contribution to the development of young people;
- To enhance and promote the establishment of positive and caring relationships;
- To develop leadership skills and meaningful family values in children and youth;
- To help improve conditions affecting young people, their families and their community;
- To provide role model for children and youth and to enable them to develop greater self-esteem and confidence.



**Citizens for the
Advancement
of Community
Development**

Mentorship Program

A non-profit Canadian corporation
helping youth at risk in
the Greater Toronto Area and in Jamaica

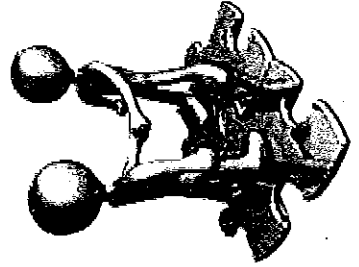
Who we are

CACD was founded in 2002 by Ronald and Sonia Cunningham as an organization dedicated to community development with a holistic perspective.

Ronald and Sonia are children of God who have dedicated their lives to His service by helping the less fortunate. Their service as Christians, which is carried out through their work in the organization, exemplify the essence of the lesson that is taught in Matthew 25:31-46 and Isaiah 58:6-12, which spoke of our responsibility to others who are in need.

They and their fellow Directors of the CACD Board represent a diversity of origins and professions: accounting, banking, nursing, the law, corrections, marketing and communities of faith.

While CACD has tended to focus on the social and educational needs of Caribbean and Caribbean-Canadian communities, our members represent many different backgrounds and intend to grow the organization to welcome all who can benefit.



Program Overview

Our approach to mentoring is that the positive mentoring is delivered by individuals that live in the same communities as the children/youth, which we believe will provide a deeper connection to the community and thus create opportunities for positive action with these spaces.

We do intend to take advantage of the great energy and strength in these areas and do plan to link this power to facilitate individual, group and community empowerment. A number of children/youth in a community will be connected with mentors in their areas and who will interact as a group. Age and gender issues will be considered and guidelines around this issue will be addressed by qualified members of staff.

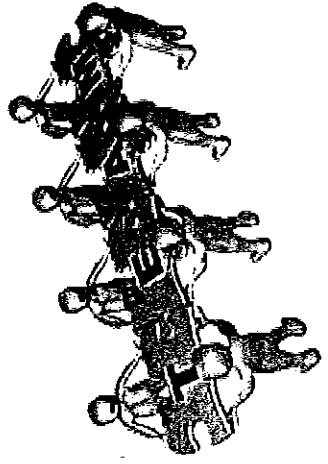
As is known, the mentoring model is a powerful tool for bridging the many identities and generations that exist within these at risk communities. We see this opportunity to learn from others and helping those who need guidance as critical to the process of creating personal power within both mentor and the youth at risk.

This branch of the program will be organized and conducted within a room or building

within the community and accessible to those who live there. Providing a specific space for the program helps to facilitate a sense of safety for the participants; not necessarily physical safety, but safety to grow in an environment of support and encouragement. The program will have at its core that it is a safe and welcoming venue for youth in the community who will interact with peer and older mentors towards mutual interest or goals.

The program will be staffed with a ratio of one staff per ten participants I group setting or one on one where possible. The staff will be able to plan programming, motivate participants to become active in the program, and facilitate issues that may surface.

The detail of the program is created with the support of the community through consultation. To make the program fun, it is our intention to include art. Consequently, elements of music, dance and cinematography used as tools that can help to connect people and help address the issue of urban violence, creative arts and peace-building.



CACD Summer Report

Citizens for the Advancement of Community Development, (CACD), a Canadian Registered Charitable Organization, was founded in 2002 and incorporated 2005. CACD is located in Mississauga and works with youth in “High Priority Neighbourhoods” in Peel Region, particular Mississauga, the Cooksville, Dixie and Hurontario.

CACD is operated by a Board of Directors that represent a diverse range of origins, professions, and communities of faith, a Board that is truly representative of the communities they serve.

We are a grassroots organization that works with the communities and operates mainly on volunteer service to transform the lives of high-risk youth through programming that:

- Serves their unique needs
- Develops leadership capabilities, and
- Fosters civic participation

Our mandate is to provide preventative, positive life strategies to dissuade youth from making negative choices that may lead to violence and contact with the criminal justice system. This is conveyed through various programs such as:

- life/social Skills workshops,
- leadership and empowerment seminars,
- mentoring, parenting workshops, and money management and entrepreneurship
- youth justice workshops,
- settlement and integration (in planning stage)
- sports/art/culture
- health promotion,
- music dance
- and other as-necessary social services

Our Vision is that youth in the community are empowered to develop their potential, live healthy lives, becoming safe, self-reliant, spiritual, and active in their community as citizens and leaders.

Our Mission is to ensure that CACD provides effective programs and services to youth for character and skills development, leadership, and active citizenship.

The main trust of our programming is our After School Program and our Pathway to Leadership Program.

After School Program: CACD recognizes the difficulties facing children and youth of today in their after-school hours. These unstructured times may allow peer pressure to involve students in unhealthy activities that can place them at risk.

As reported by Public Safety Canada, "one of the riskiest times for many adolescents in terms of being victimized or running afoul of the law is between the hours of 3:00 p.m. and 6:00 p.m., between the end of the school day and when parents return home from work. Research shows that this unsupervised time is a risk factor for substance abuse, gang behaviour and other juvenile delinquency. Supervised, high-quality, challenging after-school programs have been shown to be an effective buffer against delinquency and victimizations and to benefit children greatly by improving their social skills, confidence, grades, range of interests and peer networks, as well as preventing the negative influences that lead to risky behaviours".

Consequently, CACD has implemented a program of high-interest activities with the support of the Mississauga Valley Community Centre (MVCC) and Parks and Recreation of the City of Mississauga that will provide students with valuable alternatives for three hours, five days a week. The following courses are presented to students in Grades Six to Eight, from 3:00 pm to 6:00 pm, for five days. The after school programs are offered, over a 12 week period for three cohorts (sessions) during the year.

Pathways to Leadership: Mississauga is Canada's 6th largest city with a population of more than 700,000. The city has been seeing rapid growth with a 9.1% increase from 2001 to 2006. Almost 22% of its population is between the ages of 10 and 24 (2006 Census). One of the main weaknesses identified under the Mississauga Youth Plan is lack of leadership and decision making opportunities for youth. According to Peel Youth Violence Network Steering Committee Report, programs that are existing, only reach a small portion of youth and large service gaps and challenges exist for organizations that are trying to meet the needs of a growing and diverse population.

In addition, several recent reports including United Way Peel Region's exploratory paper on youth in Peel and the Black community in particular, highlight the fact that recreational programs and services that are accessible, affordable and culturally sensitive are issues for youth in Peel. Indeed, the Peel Youth Violence Prevention Committee has highlighted this as an issue for all marginalized youth.

Further, the Roots of Youth Violence by Dr. Alvin Curling and the Hon. Roy McMurtry has also corroborated the need for the above programs to address the problems that face our youth:

Consequently, CACD has developed its "Pathways to Leadership" program to serve youth ages 14 to 24. The program offers structured workshops in Leadership, mentoring, Life Skills (decision making, communication, goal setting, problem solving etc.), and money management and entrepreneurship. The program is often run in collaboration with the Mississauga Valley Community Centre and the City of Mississauga Parks and Recreation. Often, this program will incorporate job skills and placement workshops and volunteer experiences in an effort to better

address the considerable lack of civic engagement and un-employability that exist among our youth in the Region of Peel.

Scholarly research supports this type of coaching as the most effective way to rescue youth from the social cancer of gang culture and encourages them to become full participants in civil society, interrupting a vicious cycle of community breakdown.

The results of our events/activities are summarized in the following chart:

Program		2011	2011
		WINTER	SPRING
HS- High-school Program	Leadership	17	23
	Mentoring	/	23
	Youth & Money	11	/
	CPR	/	16
	Life Skills	/	23
ASP- After-School Program	Photography	44	26
	Music	33	26
	Dance	33	26
	Art	38	26
	Life Skills	/	25
	Yoga	38	/
	Movie Night (/Game Night)	42	26

	2011
Music-Video-Dance Program	15
Brunch	175
Membership	40
AGM	50
Sports Event	30 people (HF b-ball tournament)
Black History Month	200 (Combined events)
Health Fair	125
Volunteer Training/Orientation	22
Youth Connect – City of Mississauga	10 – July 29th
Community B-B-Q	10 – July 23rd
Services Canada workshop for Volunteers Job Skills Training	8 - July 27th

CACD Photo Gallery



CACD After School & leadership Group with Mayor Hazel McCallion



After School Children doing Bead work



Instructor Wayne Harris having some fun with the Leadership group



CACD After School & Leadership Group with Mayor Hazel McCallion



CACD Leadership Group



Ron with Graduates from the After School Program





CITIZENS FOR THE ADVANCEMENT OF COMMUNITY DEVELOPMENT

Transforming Communities

About Us

Citizens for the Advancement of Community Development (CACD) was founded in 2002 by Ron and Sonia Cunningham as a grassroots organization that works with youth from "high priority neighbourhoods", between the ages of 11 and 25, by offering a wide range of innovative programs that serve their unique needs, develops leadership capabilities, and fosters civic participation.

CACD first began to work in Jamaica, as a response to the myriad of challenges that high-risk youth were facing, such as a lack of social skills, teen pregnancy, delinquency, lack of health care/awareness, criminal activity, negative peer pressure, etc. CACD believed that these issues were creating a generation of youth that were disempowered, socially and spiritually impoverished, and that they were falling through the cracks of community.

CACD developed and delivered programming in Jamaica that focused on Life Skills Workshops, Employment Training, Community Based Policing, Health Promotion, Training in Computer and Sewing for skill trade development, and Leadership Training. As articulated by the founders Ron and Sonia Cunningham, it is their vision to develop community/educational centres situated in proximity to schools, police facilities, health clinics and other fundamental structural organizations, which will provide close linkage and coordination of services and supports and address community-identified needs and goals. A pilot or model centre will focus particularly (but not exclusively) on the involvement of youth in leadership activities and campaigns for the betterment of the community and the Jamaican society at large.

This multi-faceted centre is intended to represent "an important new 'sun' on the Jamaican horizon, a ball of light and energy that enables the Jamaican people to grow, flourish and shine", said Mr. Cunningham. "This centre will be symbolic of the need for communities to grow from within. This centre will also be a place where ideas are shared and challenges are turned into positive action."

In 2005, CACD began to focus its' efforts closer to home in the GTA and the Region of Peel, in particular Mississauga, as a response to needs that were identified by the Region. CACD's Board of Directors represents a diverse range of origins, professions, and communities of faith, a Board that is truly representative of the communities they serve. Today, CACD works primarily in the Peel Region of Ontario, with a secondary focus on a few other high needs communities in the GTA. The head office is located at the Mississauga Valley Community Centre, and serves as a central hub to coordinate and drive program delivery in the target communities.



Object & Purpose

- To educate youths by providing leadership, training and mentoring programs and workshops.
- To educate the public on community development, community policing, initiatives and life skills by providing workshops and seminars.
- To develop and promote public health in developing nations by educating and instructing the public on prevention of, and curative measures for, health problems.
- To provide education, counseling and other support services for the needy and hard to employ, including employment training, resume assistance, job interview preparation, etc.

Citizens for the Advancement of Community Development (CACD) is a Registered Charitable Organization that ensure consistent and on-going community-based learning, social inclusion, safe and healthy communities with a strong focus on high priority neighbourhoods.

Our mandate is to provide preventative, positive life strategies to dissuade youth from making negative choices that may lead to violence and contact with the criminal justice system.

Our Vision is that youth in the community are empowered to develop their potential, live healthy lives, becoming safe, self-reliant, spiritual, and active in their community as citizens and leaders.

Our Mission is to ensure that CACD provides effective programs and services to youth for character and skills development, leadership, and active citizenship.

Our Aim: To activate the dormant potential of communities at risk, to facilitate full self-actualization, to dramatically enhance the quality of life of the citizenry and to once again connect-up the relations, exemplars and educators that once participated in community formation.

Value: Building Character Communities – creativity, integrity, faith, prudence, respect, tolerance!!

Philosophy: CACD operates with a philosophy that "youth at risk" are not defined by gender, colour or creed; *integration and diversity are of the essence.*

Target Group: We are non-culture specific and serve "at risk" youth in general in the GTA, particularly the Region of Peel.

Geographic Focus: At risk youth in the Peel Region, particularly the Mississauga

Board of Directors

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Clinton Wayne

Alex Nicholas Gregory

Ron Cunningham

Executive Director



Programs

It is our desire to engage youth in high priority neighbourhoods with these creative measures to turn their energies from gang, guns and Drugs and be empowered by offering them a safe place to express themselves.

CACD has approximately 40 members, 50 volunteers and a board of 9 members supporting the overall management of the organization as well as program delivery.

Our primary demographic is youth ages 11 – 25 with an average of 20 participants in our daily sessions.

CACD actively promote its web-site and advertises in community newspapers and local television and utilizes the social media: My Space, Face Book, and Twitter to engage youth.

CACD works collaboratively with several organizations in the community including Dufferin Peel Catholic School Board, Peel District School Board, City of Mississauga, Mississauga YMCA, Peel Youth Village, Toronto Police Service, Region of Peel Police, the African Canadian Legal Clinic, United Way, Big Brothers Big Sisters of Peel, Social Planning Council of Peel, Peel Newcomer Strategy Group, the Region of Peel, Mississauga Valley Community Centre and Library, Mississauga Parks and Recreation etc. We work with many of the above organizations to refer our participants who have needs that are outside of our mandate.

CACD's typical activities includes:

- life/social skills workshops,
- leadership and empowerment seminars,
- mentoring,
- parenting workshops,
- money management and entrepreneurship
- after school program,
- youth justice workshops,
- settlement & integration, diversity & inclusion, and community connectivity,
- sports, arts & culture,
- health promotion,
- music, dance, video,
- and other as necessary social services.