



## FAQ

**Q: Most jobs require First Aid training. Does the City of Mississauga offer first aid courses?**

A: The City of Mississauga offers Emergency First Aid and CPR B, as well as Standard First Aid and CPR C. Emergency First Aid CPR B provides general knowledge of first aid principles, while Standard First Aid CPR C provides in-depth training covering all aspects of first aid and CPR. Our first aid programs are available online at [connect2rec.ca](http://connect2rec.ca)

**Q: Are there any programs available that could help me become a Camp Leader?**

A: The Leader in Training program is designed for youth who are interested in gaining hands on experience in our recreation camp programs. The program is divided into two levels. Level one consists of a 3-day in-class training teaching the fundamentals of camp programming followed by a 40-hour placement in one of our various recreation programs. Level two consists of a 5-day in-class training that expands on the fundamentals taught in level one. The in-class portion of the course is followed by a 120-hour placement at one of our various recreation programs. For more information on the Leader in Training Program, please visit us online at [connect2rec.ca](http://connect2rec.ca) (keyword search: Leader in Training)

**Q: Where can I find more information on Aquatics Leadership Programs. Will these programs help me become a Lifeguard or Instructor?**

A: Information on our Aquatics Leadership Programs are available online, at [connect2rec.ca](http://connect2rec.ca) (keyword search: Aquatics Leadership Programs). The City of Mississauga offers aquatics leadership programs designed for those interested in becoming a Lifeguard, Aquatics Instructor and an Aquafitness Instructor.

**Q: How can I Volunteer for a Community Centre or Library?**

A: Information for prospective volunteers is available by visiting us here. The City of Mississauga values the contributions that volunteers have on our community. The City of Mississauga also partners with Volunteer MBC, serving the Region of Peel and providing prospective volunteers with even more opportunities.

**Q: I'm too young to work but would like to learn skills that could help me babysit or know what to do when home alone. Are there any classes available that can help me?**

A: Recreation and Parks offers both Babysitting Skills classes and Home Alone classes designed to provide youth with the necessary skills and tips on being responsible. Both programs are available for registration online at [connect2rec.ca](http://connect2rec.ca)

**Q: I'm a youth that is not currently enrolled in school and on a fixed income. Does the City provide any programs at low or no cost?**

A: The ActiveAssist program is a fee assistance program designed to help low-income families and individuals in Mississauga participate in Recreation and Parks programs. Please visit us here for more details regarding ActiveAssist.