Mississauga Lifeguards Best in Ontario

MISSISSAUGA, Sept. 16, 2011 / - Mississauga City Council is recognizing its lifeguards for their successful season at provincial lifeguard and lifesaving competitions at a ceremony on October 26th in Council Chambers. This past season, the Mississauga Lifesaving Club (MLC) swept the Ontario Lifeguard Championships and the Ontario Lifesaving Pool Championships, claiming both championships amongst fierce competition from across Ontario.

"Our athletes train year round and come from diverse backgrounds. Many are city staff, residents and young adults who have been taking swimming lessons with Recreation and Parks since they were children," said Alvin Tedjo, President of MLC. "The recognition from city council is an honour and we certainly appreciate all the support the city has given us. We could not have been as successful this year without it."

Each competition features numerous clubs from across Ontario, from Thunder Bay to Ottawa. This year, Mississauga claimed both championships hosted by the cities of London and Richmond Hill. Mississauga sent 41 competitors to both competitions.

Run by the Lifesaving Society of Canada, these competitions are a part of lifesaving sport, an International Olympic Committee (IOC) recognized sport where competitors contend in swimming races and rescues.

The Mississauga Lifesaving Club would like to recognize the following people for their support during the competition season – Leslie Aziz ,Judith Schultz, Sharon Newman, Melissa Rydahl, Roberto Aburto, Nicholas Hay, Paul Johnson and Rebecca Geroux. A full list of participants is available upon request.

The Mississauga Lifesaving Club provides training and competition opportunities for all residents, staff and any eager participant. It shares the values of the Lifesaving Society and its goals of drowning prevention and water safety. The club hopes to improve awareness of lifesaving sport and provide personal and professional development opportunities for its members. The club was established in 1970.

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