Cycling Mississauga/BMX Bike Parks/Multi-Use Ramp Parks/Mountain Bike Parks

Cycling Mississauga





Registered Cycling Programs: Mountain Bike Kid's Group Rides (Half Day) Mountain Bike Camp (Full Day) **Mountain Bike Handling For Women**

For more information regarding these programs, call 905-615-4100.

Mississauga's Trail Network

The City of Mississauga's trail network includes roadways that are considered "bicycle friendly." Please pick up a free copy of the Bicycle & Multi Use Trail Map by e-mailing trails@mississauga.ca and start exploring Mississauga on two wheels!

Future editions of the Activity Guide will include new on road-based bicycle routes in the City for residents who prefer to bicycle with traffic.

BMX Bike Parks

Mississauga has three dirt jump parks:

Clarkson Park

South of Bromsgrove Rd. on the east side of Winston Churchill Blvd.

Meadowvale Sports Park:

Meadowvale Blvd. west of Mississauga Rd. north of Derry Rd.

Plum Tree Park

Tenth Line north of Aquitaine Ave.

You are responsible for the adequate care, protection and supervision of your child(ren).

ATTENTION: PARENTS/GUARDIANS



Mountain Bike Park

Ellis Leuschner Challenge Park

This is a skills park for freestyle riders. Culham Trail and Highway 403. Parking is available at Burnhamthorpe Rd. W. and Credit Woodlands Rd., ride north on Culham Trail approximately 1 km.

Multi-Use Ramp Parks

www.mississauga.ca/skatepark

Churchill Meadows: 3755 Thomas St. (northwest of Thomas St. and 10th Line)

Civic Centre: At Mississauga Civic Centre, 300 City Centre Dr. **Clarkson:** At Clarkson Community Centre, 2475 Truscott Dr. **Huron:** At Huron Park Recreation Centre, 830 Paisley Blvd. W.

Malton: At Malton Arena, 3430 Derry Rd. E.

Mississauga: At Iceland Arena, 705 Matheson Blvd. W. **Port Credit:** At Port Credit Memorial Park, 22 Stavebank Rd. N. For inquiries or special occasion bookings call 905-615-4100.

We want to hear from You!

Email us at trails@mississauga.ca. Ask us a question, tell us your thoughts or offer advice/ comments on cycling. You can also receive a free copy of the Trails and Bikeway Map.



TRAIL ETIQUETTE

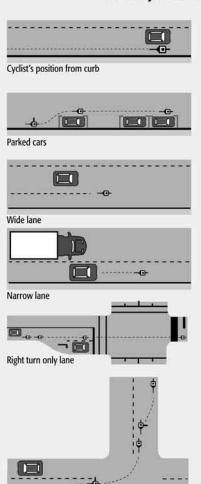
Keep to the right Cyclists yield to pedestrians Give audible warning when passing Keep to the trail

Do not litter Respect nature and private property Have your dog on a leash



Road Positions for Cyclists

According to the Highway Traffic Act of Ontario, bicycles are vehicles. Cyclists have the same rights and responsibilities as motorists and are subject to the same traffic laws, signs and signals.





Be careful at intersections.



Obey all traffic laws, signs and signals.



Watch out for parked cars, doors may be opened suddenly.



Ride with the flow of traffic and single file.



Stay off



Keep out of the blind spots of bus and truck drivers.



Use lights at night.



Make eye contact with motorists.

Signals to Indicate Turns

Making a left turn



Failure to use proper signals and ride in proper road positions can result in charges under the Ontario Highway Traffic Act and worse an accident.

Ontario's Bicycle Helmet Law



WRONG WRONG



It is strongly recommended that all cyclists, irrespective of age, wear a CSA, ANSI or SNELL approved bicycle helmet. Your personal safety is your responsibility. However, it is the law for those 17 years old and younger to wear a helmet. Wearing an approved bicycle helmet will reduce the number and severity of head injuries sustained in bicycle crashes. Following the rules of the road and using safe equipment may prevent collisions. The CSA, ANSI or SNELL approved helmet should cover the top of your forehead. If the helmet is tipped too far forward or backward, it will not protect you properly. The straps should be snug without pinching and be easy to fasten and release. Helmets with four fully adjustable straps are best.

Be Alert – Be Predictable – Be Visible – Be Courteous

Because your neighbourhood should be a nice, clean place!



Get your group or business involved in the community and adopt a local street or park

Join others who have registered their commitments for 6 litter cleanups over 2 years. We provide training and equipment, and your group will receive a Mayoral Certificate.

For more LitterNot information please call 905-896-5000 Don't be a LitterBug! Visit www.mississauga.ca/litterbug







